

Sensory HUG

Designed for individuals with Autism, ADHD/ADD and SID/SPD to manage sensory seeking behaviours

What is the Sensory Hug?

The Sensory Hug is a garment made of Lycra® and Orthowrap[™]. The Sensory Hug provides sensory and proprioceptive feedback through dynamic compression. Clinical evidence has demonstrated that deep pressure can reduce overactivity and abnormal behaviour patterns in individuals with sensory processing difficulties. However, providing consistent and continuous deep pressure is challenging and impractical, therefore, the Sensory Hug was designed and created.

Who can use the Sensory Hug?

The Sensory Hug can be used as a treatment for sensory seeking individuals, with conditions such as:

- Autism
- ADHD/ADD
- SID/SPD

How should the Sensory Hug be used?

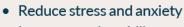
The Sensory Hug can be worn under or over everyday clothes, whilst providing support and allowing full movement. It can be worn to help with routine or specific activities according to the needs of the wearer.



Sensory Hug benefits

The Sensory Hug improves an individual's quality of life by helping to:

- Increase attentiveness and concentration
- Increase body awareness and stability
- Manage sensory seeking behaviours
- Improve effective daily functioning



 Improve coping ability • Improve restlessness





Clinical Studies

Over many years studies have shown that treatment with pressure therapy can improve the daily functioning of individuals that require and crave sensory input (Bestbier & Williams 2017).



Each Sensory Hug is manufactured by hand in Orthowrap fabric and Lycra® reinforcing



Adjustable shoulder "popper" fastenings on the Mini Hug





The level of deep pressure can be adjusted by removing or adding 3cm, 5cm or 7cm zip strips Adjustable straps to allow for snug fit, and to increase or decrease pressure as required on the Maxi Hug



Measurements

SENSORY MINI HUG - Measure around chest at level of axilla (armpits).

SENSORY MAXI HUG - Measure around the hips.

- Measurement to be taken to reflect a snug fit.
- Both Hugs include 3 zip strips (3cm, 5cm & 7cm) to extend your garment. Add or remove as necessary to loosen or tighten the garment, to provide the right amount of pressure for each individual.
- The Sensory Hug products are machine washable at 40°C or hand washable. The garment should be dried flat (not to be dried in a tumble dryer).

SENSORY MINI HUG

2mm Orthowrap fabric with Lycra® Reinforcing

Code	Size	Cms
PCP33S	S	34 - 49
PCP33M	М	49 - 64
PCP33L	L	64 - 79

SENSORY MAXI HUG

5mm Orthowrap fabric with Lycra® Reinforcing

Code	Size	Cms	
PCP34S	S	54 - 69	
PCP34M	М	69 - 84	
PCP34L	L	84 - 99	
PCP34XL	XL	99 - 114	