



# Perpedes Sizing Chart

	3 Widths System													2 Widths System															
	OT2						OT5						OT8							(See Below)			*OT						
Shoe size	Inner shoe length	Ball width	Heel width	Ball girth	Heel girth	Toe box height	Inner shoe length	Ball width	Heel width	Ball girth	Heel girth	Toe box height	Inner shoe length	Ball width	Heel width	Ball girth	Heel girth	Toe box height	OT 2 - 5 - 8 Heel spring	Inner shoe length	Heel girth	Ball girth	Heel girth	Ball girth					
	E	F	G	A	C		E	F	G	A	C		E	F	G	A	C				C	A	C	A					
18																				12.1	20.2	15.0	22.3	17.5					
19																				12.7	20.8	15.3	22.8	17.8					
20	13.3	5.9	4.1	16.1	21.5	2.1	13.6	6.4	4.9	18.8	24.6	2.6							0.4	13.4	21.3	15.5	23.3	18.0					
21	14.0	5.9	4.1	16.3	22.0	2.2	14.3	6.5	4.9	19.0	25.2	2.7								14.0	21.8	15.8	23.8	18.2					
22	14.7	6.0	4.2	16.5	22.5	2.2	15.0	6.6	5.0	19.3	25.9	2.8								14.7	22.4	16.0	24.3	18.5					
23	15.3	6.1	4.3	16.8	23.1	2.3	15.6	6.7	5.1	19.6	26.5	2.8								15.3	22.9	16.3	24.8	18.7					
24	16.0	6.2	4.3	17.1	23.6	2.3	16.3	6.8	5.1	19.9	27.1	2.9								16.0	23.5	16.5	25.3	18.9					
25	16.7	6.4	4.4	17.5	24.1	2.4	17.0	6.9	5.2	20.2	27.8	2.9	17.0	7.1	5.4	21.1	28.6	3.1								16.6	24.0	16.8	25.8
26	17.4	6.5	4.5	17.8	24.6	2.4	17.6	7.0	5.3	20.6	28.3	3.0	17.6	7.2	5.5	21.5	29.1	3.2							17.3	24.7	17.1	26.4	19.5
27	18.0	6.6	4.6	18.2	25.1	2.5	18.3	7.2	5.4	21.0	29.0	3.0	18.3	7.3	5.6	21.9	29.8	3.3							18.0	25.5	17.4	27.1	19.9
28	18.7	6.8	4.7	18.6	25.9	2.5	19.0	7.3	5.5	21.4	29.7	3.1	19.0	7.5	5.7	22.3	30.5	3.4							18.7	26.2	17.8	27.7	20.3
29	19.4	6.9	4.8	19.0	26.8	2.6	19.6	7.4	5.6	21.8	30.5	3.1	19.6	7.6	5.8	22.7	31.4	3.5							19.3	27.0	18.2	28.6	20.7
30	20.0	7.1	4.9	19.5	27.6	2.7	20.3	7.6	5.8	22.3	31.4	3.2	20.3	7.8	6.0	23.2	32.2	3.6							20.0	27.7	18.7	29.4	21.2
31	20.7	7.3	5.0	20.0	28.4	2.8	21.0	7.8	5.9	22.8	32.1	3.2	21.0	8.0	6.1	23.7	33.0	3.7							20.7	28.5	19.1	30.3	21.6
32	21.4	7.5	5.2	20.6	29.2	2.9	21.7	8.0	6.0	23.3	33.0	3.3	21.7	8.2	6.2	24.2	33.8	3.8							21.4	29.2	19.6	31.1	22.1
33	22.0	7.7	5.3	21.1	30.2	3.0	22.3	8.1	6.2	23.9	33.9	3.3	22.3	8.3	6.4	24.8	34.8	3.9							22.0	30.0	20.1	32.0	22.6
34	22.7	7.9	5.5	21.7	30.8	3.1	23.0	8.3	6.3	24.4	34.6	3.4	23.0	8.5	6.5	25.3	35.5	4.0							22.7	30.6	20.6	32.7	23.1
35	23.4	8.1	5.6	22.3	31.6	3.2	23.7	8.5	6.5	25.0	35.4	3.5	23.7	8.7	6.7	25.9	36.4	4.1							23.4	31.1	21.1	33.3	23.6
36	23.6	8.2	5.6	22.6	32.9	3.2	24.0	9.0	6.6	25.5	36.5	3.6	24.0	9.2	6.9	26.6	37.5	4.2							23.7	31.7	21.7	34.0	24.2
37	24.3	8.4	5.7	23.0	33.6	3.3	24.7	9.2	6.7	25.9	37.2	3.7	24.7	9.3	7.0	27.0	38.2	4.3							24.4	32.2	22.2	34.6	24.7
38	24.9	8.5	5.8	23.4	34.5	3.4	25.3	9.3	6.8	26.3	38.1	3.8	25.3	9.5	7.1	27.4	39.1	4.4							25.1	32.8	22.6	35.6	25.1
39	25.6	8.7	5.9	23.8	35.2	3.5	26.0	9.4	6.9	26.7	38.9	3.9	26.0	9.6	7.2	27.8	40.0	4.5							25.7	33.5	23.0	36.5	25.5
40	26.3	8.8	6.0	24.2	35.9	3.6	26.7	9.6	7.0	27.1	39.7	4.0	26.7	9.8	7.3	28.2	40.9	4.6							26.4	34.1	23.4	37.5	25.9
41	26.9	9.2	6.2	25.0	36.8	3.7	27.3	9.7	7.2	29.4	40.8	4.1	27.3	9.9	7.5	30.6	41.8	4.7							27.0	34.8	23.9	38.5	26.4
42	27.6	9.3	6.3	25.4	37.3	3.8	28.0	9.9	7.3	29.8	41.4	4.3	28.0	10.0	7.6	31.0	42.5	4.8							27.7	35.4	24.3	39.2	26.8
43	28.3	9.5	6.4	25.8	38.1	3.8	28.7	10.0	7.4	30.3	42.3	4.4	28.7	10.2	7.7	31.5	43.4	4.9							28.4	36.0	24.7	39.9	27.2
44	28.9	9.6	6.5	26.2	38.9	3.9	29.3	10.1	7.5	30.7	43.1	4.5	29.3	10.3	7.8	31.9	44.2	5.0							29.1	36.7	25.1	40.7	27.6
45	29.6	9.8	6.7	26.7	39.7	3.9	30.0	10.3	7.6	31.1	43.9	4.6	30.0	10.5	7.9	32.3	45.0	5.1							29.8	37.3	25.5	41.4	28.0
46	30.3	9.9	6.8	27.1	40.5	4.0	30.7	10.4	7.7	31.5	44.7	4.7	30.7	10.6	8.0	32.7	45.8	5.2							*OT = AFOs/DAFOs				
47	30.9	10.1	6.9	27.5	41.3	4.0	31.3	10.6	7.8	31.9	45.5	4.8	31.3	10.7	8.1	33.1	46.6	5.3							*FO = Foot orthotics				
48	31.6	10.2	7.0	27.9	42.1	4.1	32.0	10.7	7.9	32.3	46.3	4.9	32.0	10.9	8.2	33.5	47.4	5.4							*AV = Antivarus shoes				
																									*NT = Neutral shoes				



**The width of the forefoot**  
In the widest part of the foot

**The width of the heel**

