

# LYMED<sup>®</sup>

LYMED<sup>®</sup> CATALOGUE

12/2021

Skin<sup>™</sup>

Sense<sup>™</sup>

Compression<sup>™</sup>

Interim & Light<sup>™</sup>

Post-operation<sup>™</sup>

Well-being<sup>™</sup>

Sport<sup>™</sup>





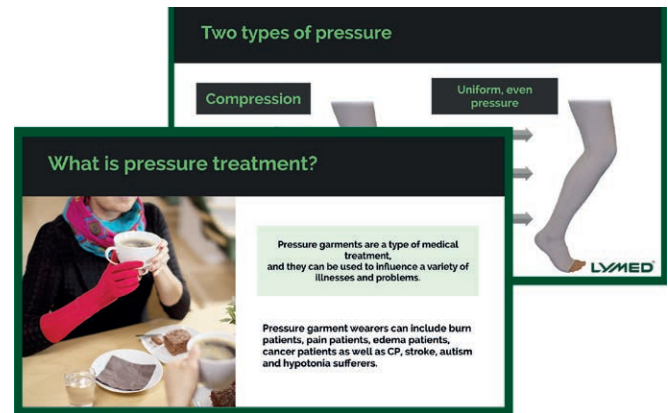
# All up-to-date information: [www.lymed.fi](http://www.lymed.fi)



## LYMED LEARNING CENTER

Lymed Learning Center is a source of information for both professionals and end users of Lymed products. The study material has been divided into several presentations. Choose the most interesting topic and start studying! Lymed study materials can be used to gain general knowledge about pressure garment industry or to find in-depth knowledge on pressure treatments.

Lymed Learning Center is updated regularly. All references to sources can be found in "research and study" section. Presentations are also used in Lymed's own workshops and training sessions. Study materials are free for all to use with correct source references!



## FREQUENTLY ASKED QUESTIONS/FAQ

**"Why should I wash my product daily?  
Silicone band causes irritation, how can I prevent it?  
Why there are no natural fibers in your products?"**

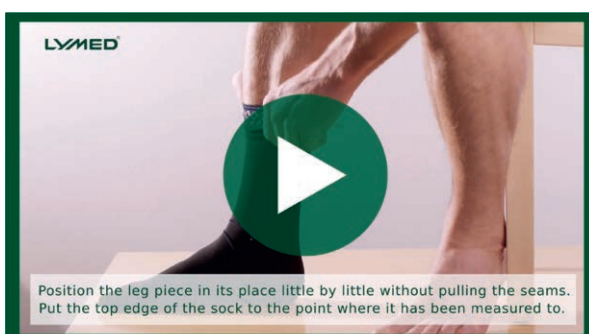
In Lymed's FAQ page we provide answers to these and many other questions. We continuously collect frequently asked questions from our clients and professionals on:

- Availability
- Lymed products
- Material
- Pressure and compression treatment
- Measuring and ordering

## FILE BANK

Lymed file bank is especially compiled for professional use. File bank includes all our up-to-date documents:

- Lymed product catalogue
- Measuring instructions
- Wear and care instructions



## LYMED PRODUCTS

Lymed products page provides information on how to use our pressure garments:

- Instructional videos for donning
- Wear & care instructions

# LYMED CATALOGUE

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# LYMED<sup>®</sup> Medical pressure garments from the heart of Finland!



Lymed has been founded in 1993, in the city of Tampere. From the very beginning Lymed has been known as a leader and a developer in its field of high-quality medical pressure garments for lymphoedema, scar management, pain, neurological therapy, sports and well-being. We develop and study pressure garments and pressure treatment constantly, in close cooperation with hospitals and research centers, to produce our award-winning pressure garments for both the public and private sector.

We are a medical aid manufacturer with a strong focus on deepening the understanding and applications of pressure treatment. Lymed studies pressure treatment constantly and innovates at a level which transcends different industries. Combining new technologies and traditional knowhow, Lymed's multi-talented staff are made of sewing personnel, tailors, designers, engineers, customer services and logistics.

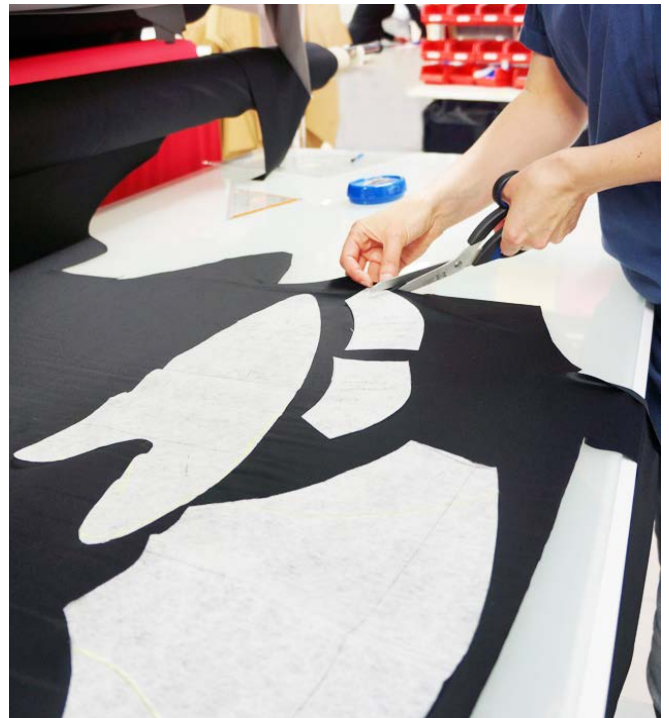
## MANUFACTURING OF LYMED GARMENTS

The aim of every Lymed garment is to give the best possible result in pressure treatment, to be comfortable and have a polished, stylish look while doing so. The Lymed design process guarantees that the garments have medically correct, controlled pressure levels. Pressure levels can even vary within one product to fit the requirements of the treatment itself.

Lymed design process allows for individual needs, such as donning and doffing, work, hobbies and physical limitations. Unique custom-made products and special solutions are possible since each and every member of our group partakes in the designing and planning process of a garment. Lymed has daily contact with its end users, which helps Lymed to stay on top of clients' needs and guarantees their active role in product development.

Both custom-made and standard sized garments are designed in Tampere. Lymed custom-made garments are made from start to finish in Finland. Standard sized Lymed garments' cutting and sewing is done both in Tampere and in Estonia. Each garment will be labelled with its corresponding manufacturing country.

Lymed is one of the last few businesses in textile industry who produces bespoke, handmade products. All of Team Lymed has left their mark on your garment!



## WHAT ARE PRESSURE GARMENTS?

Medical pressure garments are used to treat various types of diseases and physiological problems. Users of pressure garments may suffer from e.g. burns, chronic pain, edema, cancer or physical challenges caused by cerebral palsy, autism or hypotonia.

Pressure garment is a tight fitting piece of clothing, which generates pressure on a desired body part or the entire body. Therapeutic effects of garments are based on precisely calculated and controlled pressure.



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winner



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FASHION  
HONORABLE  
MENTION 2018



# LYMED PRODUCT INFORMATION

## Indications of use

The text below is information based on scientific sources, which can be applied, in parts, by the person responsible for the patient's care while constantly evaluating each client's history. Principles of pressure treatment and goals of the treatment must be clear before choosing any pressure garments. Lymed is not responsible for the implementation or the follow-up of pressure treatment. Lymed is also not responsible for the direct or indirect loss caused by the product or the service of it, damage, or any loss of income because of the beforementioned. Read more on pressure treatment and its indications of use from [www.lymed.fi](http://www.lymed.fi).

## PRESSURE THERAPY FOR SCAR MANAGEMENT

Pressure garments are used to prevent and manage hypertrophic scars, keloids and erythema. Pressure garment is beneficial only if the scar is not fully matured. An unmaturation scar is relatively new, itchy and red. The pressure garment evens out the scar and accelerates the maturation process. Pressure garment therapy is widely accepted, primary treatment method for treating scars. The pressure treatment has been shown to thin the dermis, flatten the scar and realign the collagen according to epidermis. The pressure generated by medically controlled garments minimizes tissue edema and the division on cells. Additional scar treatment products (gel sheets, silicones) can be used with garments.

Pressure treatment can also be used as a prophylactic measure for wounds that do not heal as fast thus having an increased risk of hypertrophic scars. Garments should be used as soon as the healing skin can tolerate the optimal scar treatment pressure. In the beginning of the scar treatment, interim garments can be used at a lower pressure level before transitioning to optimal pressure levels. Garments should be used for 23 hours per day for approximately 12 months, or as long as it's needed, until scar maturation is achieved. Garments should be custom-made to

ensure optimal pressure without causing tissue damage. The fit should be monitored regularly to prevent tissue damage. The garment for scar treatment should achieve a theoretical pressure near capillary pressure (20 to 30mmHg).

### Examples of use:

- Burns, scars, keloids
- Skin grafts
- Hypertrophic scars
- Hemangiomas
- Ichthyosis, Epidermolysis bullosa
- Acne scarring

### Objectives:

- Prevention and management of hypertrophic scars
- Maturation of the scar
- Evening out the scar for a flexible and a lighter skin
- Reducing itchiness and pain

## EDEMA TREATMENT WITH COMPRESSION

In edema treatment the pressure is generated so that it gives a gradual compression. The strongest support is in the extremities, gradually decreasing towards the midsection. These garments are called medical compression garments. Compression treatment is the removal or prevention of edema with the use of these garments. Compression treatment can be implemented in every compression class from A to IV. Compression garments support the natural lymphatic circulation of the body. They are mostly used during the day. Compression therapy requires a strong commitment to care. There are no contraindications in using compression garments during the night or when at rest. However, the garment can be removed or a garment with less compression can be acquired for night-time, if the compression feels uncomfortable.

Compression treatment is needed when the person has venous insufficiency, lymphatic edema, venous ulcers, swelling caused by injuries or operations. Swelling is caused by the intercellular accumulated fluid. The reason for this might be insufficiencies in the lymphatic system or surface veins or even tissue damage.

Venous insufficiency causing swelling of the feet is generated by the slowed down blood flow back from the lower extremities, whilst venous pressure climbs higher causing fluids to seep

through from capillary veins to the tissues. Swelling arises when the capacity of the lymphatic system cannot remove the accumulated fluid. Most common reason for swelling is venous insufficiency, which can manifest itself by causing lymphoedema or varicose veins. Venous insufficiency can also cause changes in the skin, inflammation and leg ulcers. Preventive measures are recommended to those with stagnant lifestyles (lots of sitting or standing), when travelling, during pregnancies and in the aftercare of operations. The onset of symptoms of congenital illnesses can be significantly delayed by preventive compression therapy.

### Examples of use:

- Lymphoedema, lipoedema
- Ulcers, deep venous thrombosis
- Traumas
- Restless feet
- Klippel-Trénaunay syndrome
- Pain caused by lymphatic problems

### Objectives:

- Prevention
- Removal of excess fluids from the system
- Decreasing inflammation
- Pain management

## POST-OPERATIVE AFTERCARE

Compression and pressure treatment is used in the aftercare of several surgeries to remove and prevent swelling, bruising and alleviate the pain in the operated area. The compression and pressure treatment supports rehabilitation by helping to regain mobility after operations.

Multiple sources indicate that pressure treatment supports healing by removing excess fluids from the area and preventing edema after the surgery. Compression/pressure garments are also used to ensure the attachment of the operated tissue.

### Examples of use:

- Liposuctions
- Breast operations
- Lower body and abdominal operations
- Childbirth and c-sections
- Facial operations
- Upper arm operations

### Objectives:

- Aftercare of operations
- Preventing swelling and scar growth at the same time
- Re-attachment of tissues

### NEUROLOGICAL PRESSURE GARMENTS

Changes achieved with pressure garments in movement and body control are neurophysiological and biomechanical in nature. Exact mechanisms are yet unknown. Central nervous system is a complex organization of nerve cells in which all activity is generated from external stimuli (Kottke, 1980). Nervous system gets feedback from our motor cortex and turns the sensory and proprioceptive feedback into movement. Proprioception, deep pressure, vibration and light touch are all somatosensory inputs that enhance learning within the central nervous system: this is how we interpret the world itself. Pressure from skin contact and increased internal soft tissue pressure leads to enhanced proprioceptive feedback to improve positional limb and body awareness, improving muscle activation and movement control.

It is also suggested that pressure garments have a dampening effect on external force vectors acting across joints, containing overshooting of the limbs beyond the intended target point and increasing predictability of movement that may possibly enhance mechanical stability. Prolonged stretch and cutaneous stimulation from the tight skin contact results in reduction of the degree of spasticity and improves passive range of motion.

The theoretical basis of pain treatment is the gate control theory, which states that pain signals are not free to reach the brain as soon as they are generated at the injured tissues or sites. They need to encounter certain 'neurological gates' at the spinal cord level and these gates determine whether the pain signals should

reach the brain or not. In other words, pain is perceived when the gate gives way to the pain signals and it is less intense or not at all perceived when the gate closes for the signals to pass through. This theory gives the explanation for why someone finds relief by rubbing, stroking or blowing air into the injured or painful area. Pressure garments can subjectively have positive effects in pain management and its disorders.

#### Examples of use:

- Hypotonia and other movement disorders
- Autism, ADHD/ADD
- EDS, CRPS and other pain disorders
- Thoracic outlet syndromes, scoliosis
- Ataxy, dystonia
- Cerebral Palsy (CP), spasticity, Parkinson's, athetosis
- Rett syndrome, Down syndrome
- Strokes, cerebrovascular diseases

#### Objectives:

- Body control and support
- Pain management
- Controlling of muscle tone
- Awakenning of deep pressure input
- Increasing functionality
- Soothing effect
- Body awareness
- Improving quality of sleep

### SPORTS

Pressure garments are used in sports to intensify body's own abilities before, during and after performance. Pressure provides outer support for the muscle. It enhances muscle's ability to perform actively. Compression improves metabolism and expedites recovery processes. Adequate recovery is needed to improve performance and pressure garments help the body to bounce back faster. A well-working circulation of fluids prevents cramps and minimizes risk of injuries. Pressure garments increase body awareness, deep sensory input and proprioceptics thus stabilizing the body. Pressure garments can be used in all types of sports and exercise, by top athletes and sport enthusiasts alike.

#### Objectives:

- Improving motor skills and proprioceptics
- Enhancing recovery, minimizing tissue edema
- Prevent incorrect posture
- Decreasing muscle pain, activating fascias



### ANIMALS

Products can be used to affect different neurological disorders, calm the animal and improve concentration, even during performance, and support recovery after stressful events. Indications for products might be, e.g., sound sensitivity, fears, anxieties and hyperactivity. Products are well suitable to be used in assisting recovery after performance or work. Garments can relieve acute or chronic pain and aid post-operative recovery.

Compression garments for racing sighthounds have a harder, progressive pressure level that is designed to enhance metabolism after performance.

Garments can be manufactured to most farm and domestic animals, such as dogs, horses and camels. User base can include sports and recreational animals, service and guide animals, detection and rescue animals as well as police animal units.

[www.lymedanimal.com](http://www.lymedanimal.com)

### MDR REGULATION (EU) 2017/745

Regulation (EU) 2017/745 (MDR) on medical devices replaces the previous MDD 93/42 / EEC on medical devices.

The MDR introduces new classification rules that require manufacturers to determine the risk category of their equipment. In order to determine the category of a device in accordance with the MDR, the intended use of the device and the risks inherent in it must be taken into account.

#### LYMED CUSTOM-MADE PRODUCTS

DEVICE CATEGORY:

A DEVICE MADE FOR INDIVIDUAL USE

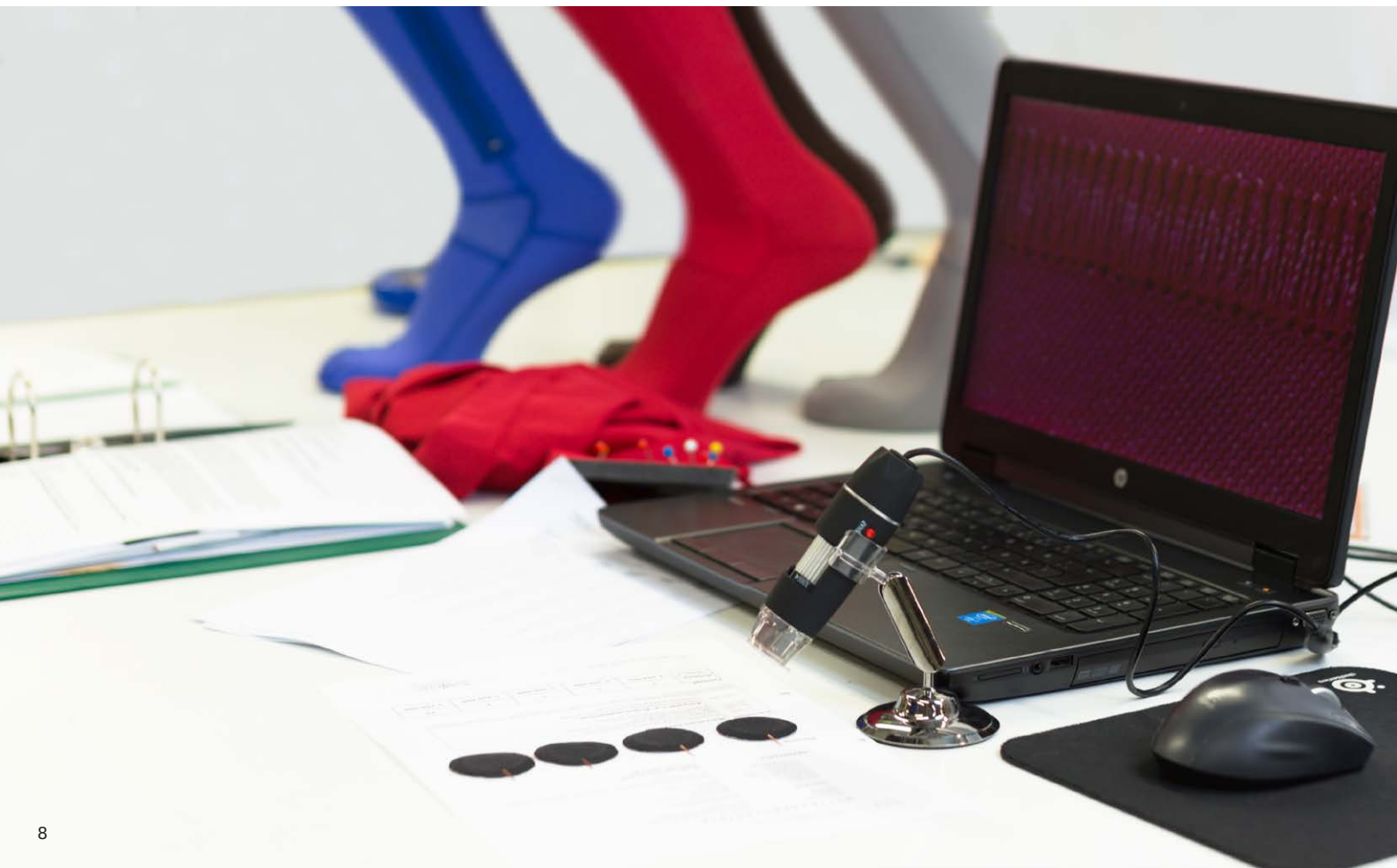
A device designed for individual use means a device intended exclusively for use by a specific designated patient, which meets their individual requirements and needs. The device has been manufactured in accordance with a written order issued by a person authorized to do so in accordance with their national legislation. The device is given detailed features that must be implemented. Lymed custom-made products come with an individual packaging label and instructions for use.

#### LYMED STANDARD PRODUCTS

DEVICE CATEGORY:

CLASS 1 MEDICAL DEVICE

The device shall meet all applicable general safety and performance requirements of Annex I to the MDR. The device must be accompanied by information on the safety and performance of the device (markings, packaging and instructions for use). The device must bear the CE marking in accordance with Annex V of the MDR. Standard Lymed products come with a CE marked packaging label and instructions for use.





### WARRANTY

**Lymed's manufactured products have a warranty of 4 months and pressure guarantee of 6 months.** The warranty covers, as a rule, only product manufacturing and material defects. Lymed is responsible for the statutory liability for errors in products, when the product is out of warranty or guarantee is not issued.

Service products do not have a similar right of withdrawal, as per Consumer Protection Act, if the service has been completed or if the customer has given permission to begin producing the service or if the lack of right of withdrawal has been told in advance. This applies, for example (but not exclusively) to situations where the customer for whom the product has been ordered, has died, or the order needs to be changed or cancelled, even if the delivery of the product has already begun.

### RETURNS

- Custom jobs have no right of return or exchange.
- Lymed Oy grants a guarantee for standard-sized products that is specified in terms and conditions. Standard-sized products have a 14-day refund and return policy when the product does not differ from the basic model, ie. is a stock color with no added special solutions, and is returned in a perfect condition.

If you have purchased the product from Lymed's dealer or distributor, the product should be sent there. The consignment should always be accompanied with information on the damage claim, for example, using a complaint form. Contact your dealer's customer service before returning the product.

### REPAIRS

Lymed offers repair service for its products. Repair is done in accordance with Lymed's terms and conditions. Always first notify Lymed's customer service or if you have bought our products from another retail point, the dealer or distributor that served you. Repair prices are estimates, and are non-binding and indicative. Each compensation is assessed as circumstances dictate. Lymed, as a rule, does not do repairs to non-Lymed products. Exceptions are assessed case by case. If you are in doubt whether a repair would be covered by the warranty, please contact us at Lymed or your dealer or distributor to obtain return instructions.

**Products sent for repair should be well washed and completely dry.** Lymed has the right to refuse repair for a poorly washed product. Product should be recognizable from its washing label. Lymed will not repair

products that have already been repaired by another party.

Repairs are not made if safety of the product will be jeopardized, the product is not applicable to its intended original use or if the costs of the repair exceed the amount of a new, similar product.

The product attributes may change during repair. For example, the number of seams may vary. The ordering party takes full responsibility about the comfort of the repaired product. Lymed recommends ordering a new product, rather than repairing the old one, if the product is worn.

# LYMED PRODUCT INFORMATION

## Measuring & ordering

Lymed products are available for both the public and the private healthcare sector. Trained Lymed measurers can be found all over our distributing countries. Our measurers are mainly associated with compression treatment, occupational physiotherapy and neurological physiotherapy. Our measurers take care of the entire ordering process of custom-made Lymed garments.

Standard-sized products are directly available from our distributors or Lymed. Please see our page [www.lymed.fi](http://www.lymed.fi) for details.

### ORDER PROCESS: CUSTOM-MADE GARMENT

#### 1. Choosing a product

- Personnel responsible for treatment determine which product is needed based on product catalogue
- Choosing correct pressure levels or compression classes
- Products for children made until 13 years of age

#### 2. Measuring and ordering

- Determining delivery and invoicing information
- Measuring the patient using instructions
- Providing additional information, special needs and photos

#### 3. Sending orders to a Lymed distributor

Production time is generally 10 to 15 business days from the arrival of the order.

#### 4. Delivery

Products are delivered to the preferred address.

### ORDER PROCESS: STANDARD SIZED GARMENT

#### 1. Choosing a product

Personnel responsible for treatment determine which product is needed.

#### 2. Choosing a size

- Determining delivery and invoicing information
- Choosing a correct size based on 1-2 measurements. Instructions found from the product catalogue.

#### 3. Sending orders to a Lymed distributor

The usual production time is, for a non-stock standard item, 3-8 business days from the arrival of the order.

#### 4. Delivery

Products are delivered to the preferred address.

## WHEN TO ORDER A NEW GARMENT?

The fit of the garment must be monitored regularly. It is generally recommended that a garment is either replaced or re-fitted every three months to maintain optimal pressure and care result. Active users, like children or working adults, may require new garments even more often.

### A pressure garment needs to be replaced when

- Patient's weight or measurements change,
- Washing no longer cleans the material properly and the feel of the garment becomes greasy,
- Elasticity of the product decreases and the original pressure levels change,
- Garment, or a part of it, breaks down.

## ORDERING SPECIALIZED ITEMS

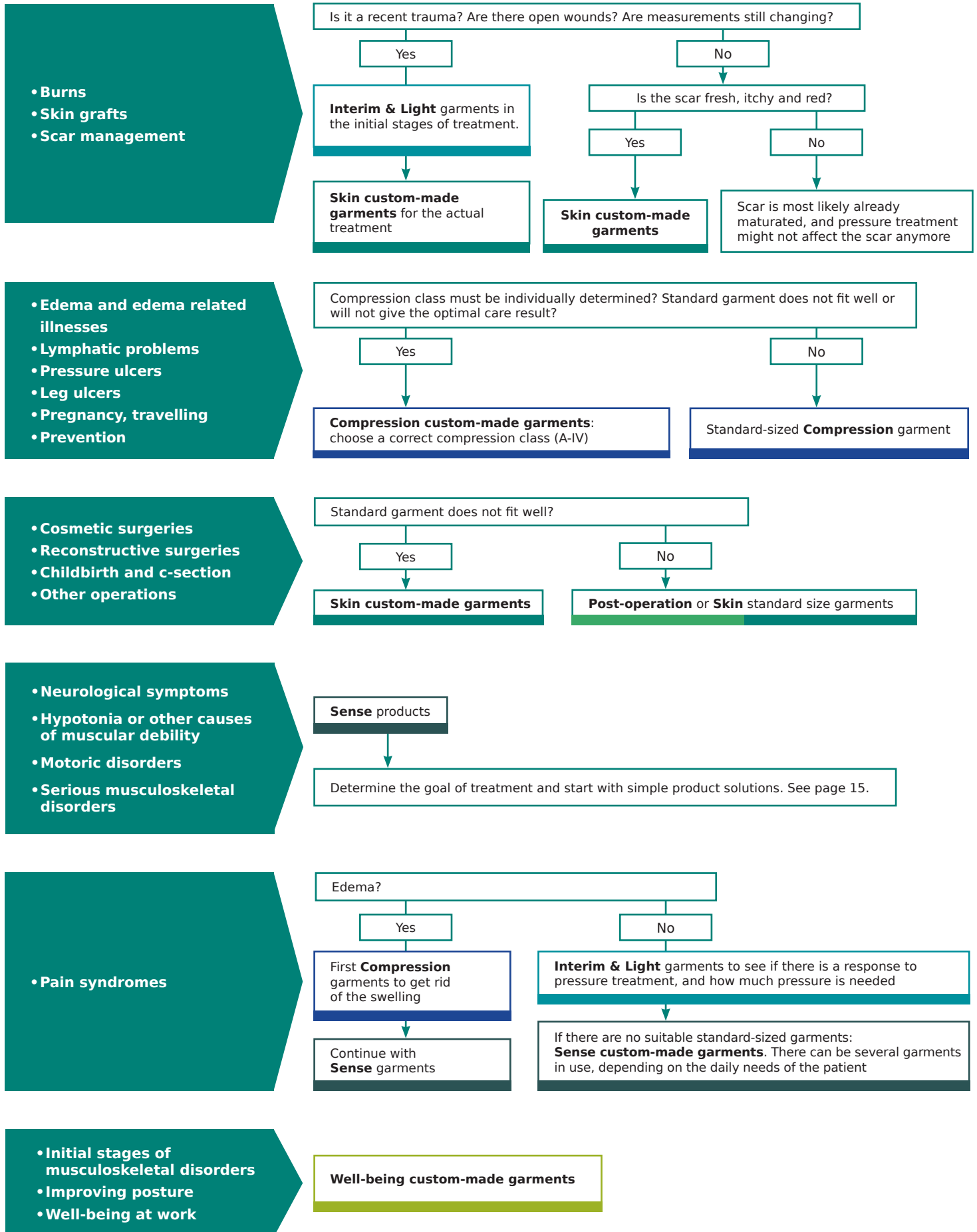
### Some standard items can be ordered custom-made:

- Post-operation products: can be ordered as a Skin garment, with individual measurements
- Interim & Light products: can be ordered as a Sense garment, with individual measurements

### Ordering Sense products for pain, with edema present:

- If there is edema present in the initial stages of pain management, please order a Compression product first. When edema is no longer present, a neurological Sense pressure garment can be ordered.

### EXAMPLES ON HOW TO CHOOSE A CORRECT LYMED PRODUCT BASED ON AN INDICATION

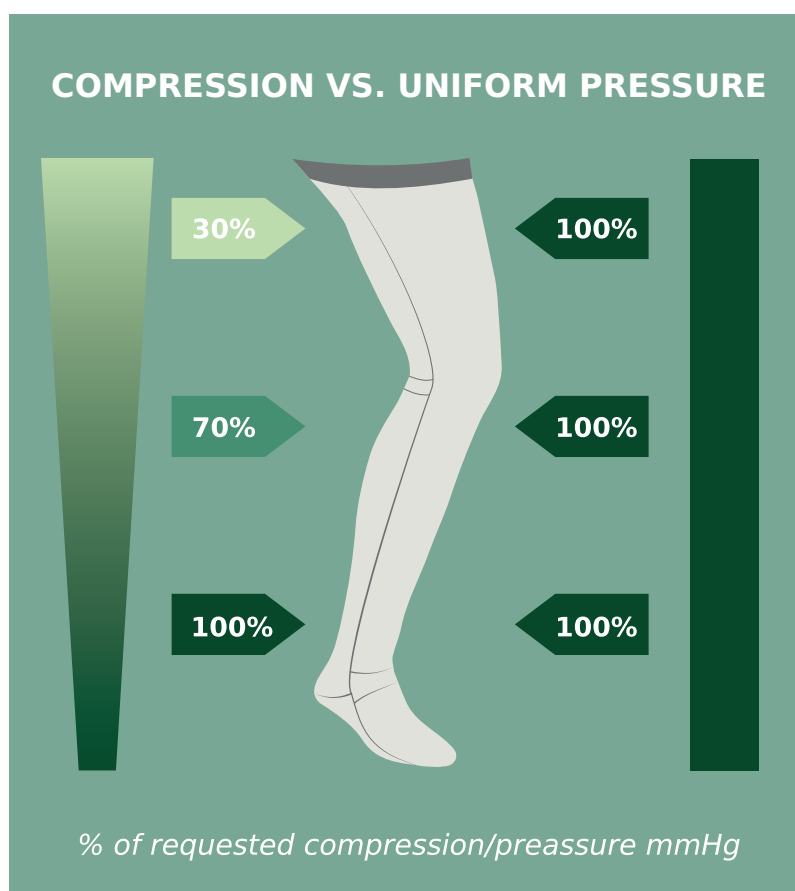


### HOW PRESSURE IS CREATED WITH GARMENTS

The effects which compression and pressure garments have on the body are based on mathematically calculated pressure. Compression garments are constructed with a progressive compression where the strongest support is in the extremities, gradually decreasing towards the midsection. In uniform pressure garments the pressure is calculated evenly throughout the product.

Pressure is the negative relationship between the circumference of the body part and the circumference of the garment. The fabric does not, in itself, form any pressure levels. Pressure is made by our skilled production professionals by using the customer's measurements. The pressure is calculated mathematically on the product based on Laplace's law and the elongation and recovery properties of the material.

Lymed Oy's products and materials are tested annually by specialized, independent research institutes to ensure that the products comply with the stated compression and pressure levels, and that the products also withstand the stated compression and pressure.



### WHY IS THE PRESSURE LEVEL REPORTED AS A RANGE?

The unit of measurement in medical pressure garments is millimeters of mercury (mmHg). The pressure class of the product indicates the lowest and highest pressures, between which the actual pressure is formed. The pressure of the product is also affected by the tissue of the body part. If the area is more solid, the product generates pressures at the top of the pressure range, and if the area is softer, the pressure generated by the product will be at the bottom of the range. This is known as pressure tolerance of the product. The actual pressure given by the product can be measured with a pressure gauge when the product is worn. Measuring devices can also be used to control the pressure throughout the use.

### CUSTOM-MADE VS. STANDARD SIZED PRODUCT

The functionality of compression and pressure garments is affected by several different factors, from the characteristics of the product to its proper use. To ensure effective pressure treatment, the most important features of the products are the implementation of the stated compression or pressure level in use, the intensity of the compression or pressure, and the service life of the product. For custom-made products, the pressure level can be determined more accurately than for standard-size products. Higher pressure levels can be used more safely in custom-made garments than in standard size garments.

### COMPRESSION AND PRESSURE LEVELS OF LYMED PRODUCTS

Lymed Compression garments from class A to class IV are based on the European prestandard ENV 12718/2001. The various classifications have been created primarily to facilitate talking about compression levels, making diagnostic decisions, and as a tool for public health care needs. In medical compression products, such as in Lymed products, the level of compression is always reported in millimeters of mercury (mmHg), so application to country-specific classifications is not problematic.

The pressure recommendations of product groups, offered by Lymed, are based on suitability recommendations given in the literature. The compression class or pressure level of the garment is selected based on the injury, illness or area to be treated. In some cases, different pressure levels or combinations of progressive and uniform pressure are built into the same product.

COMPRESSION CLASSES CCL Progressive pressure	
<b>Compression™ and Sport™** products</b>	
<b>A</b>	<b>10 - 14 mmHg</b>
<b>I</b>	<b>15 - 21 mmHg</b>
<b>II</b>	<b>23 - 32 mmHg</b>
<b>III</b>	<b>34 - 46 mmHg</b>
<b>IV</b>	<b>&lt; 49mmHg</b>

PRESSURE LEVELS Even pressure	
<b>Skin™ products</b>	<b>23 - 30 mmHg</b>
<b>Sense™ products*</b>	<b>9 - 30 mmHg</b>
<i>Light pressure</i>	<b>9 - 13 mmHg</b>
<i>Medium pressure</i>	<b>14 - 20 mmHg</b>
<i>Strong pressure</i>	<b>21 - 30 mmHg</b>
<b>Interim &amp; Light™ products</b>	<b>10 - 18 mmHg</b>
<b>Post-operation™ products</b>	<b>23 - 30 mmHg</b>
<b>Well-being™ products*</b>	<b>10 - 18 mmHg</b>

#### THEORETICAL PRESSURE LEVELS

The pressure level is affected by the size of the product and the structure of the tissue. For standard size products, you may influence the pressure level by size selection. Resting and working pressure may vary from patient to patient.

\* Lymed Well-being products are made by combining uniform pressure and compression.

\*\* Lymed Sport products combine different compression classes.

### GUIDELINES FOR DIFFERENT COMPRESSION CLASSES

**CCL A - prevention:** Persons that have minor lymphatic problems, minimal edema, enlarged veins.

**CCL I - mild:** Varicose veins, daily swelling ie. lymphoedema, acrosyanosis, post-varicectomy and -sclerotherapy, arthrosis.

**CCL II - moderate:** Post-thrombotic syndrome, deep venous thrombosis & insufficiency, ulcer treatment, post-trauma treatment, irreversible lymphoedema, lipoedema.

**CCL III - strong:** Severe edema, chronic hypodermatitis, irreversible lymphoedema.

**CCL IV - very strong:** All the pathologies listed in their most severe form.

# LYMED PRODUCT INFORMATION

## Pressure and compression in custom-made products

### WHY DO I HAVE TO CHOOSE BOTH THE FABRIC AND THE PRESSURE LEVEL?

The experience of a comfortable pressure garment is influenced by many things. The biggest thing we can influence is the level of pressure chosen for the user and the feel of the fabric against their own skin. Our fabrics are divided into three different categories, based on rigidity, from which the optimal pressure level for the treatment can be constructed. By giving us the goals of the treatment, the pressure level it requires and the choice of fabric that best supports the user's everyday use, we can make a customized medical aid that is pleasant to use.

	STRONG FABRIC	MEDIUM FABRIC	LIGHT FABRIC
<b>High durability needed*</b>	✓	✗	✗
<b>Composition</b>	61 % polyamide 39 % elastane	54 % polyamide 46 % elastane	83 % polyamide 17 % elastane
<b>Structure</b>	Flat knitted warp knit	Flat knitted warp knit	Flat knitted warp knit
<b>Abrasion resistance</b> <small>(Martindale)</small>	>150 000	>150 000	90 000
<b>Breathability</b>	447 l/m <sup>2</sup> /s	466 l/m <sup>2</sup> /s	246 l/m <sup>2</sup> /s
<b>Thickness</b>	0,64 mm	0,57 mm	0,48 mm
<b>UV protection</b>	98% UV protection	98% UV protection	98% UV protection

\* Recommended choice for products that demand exceptionally high durability e.g. gloves and stockings.

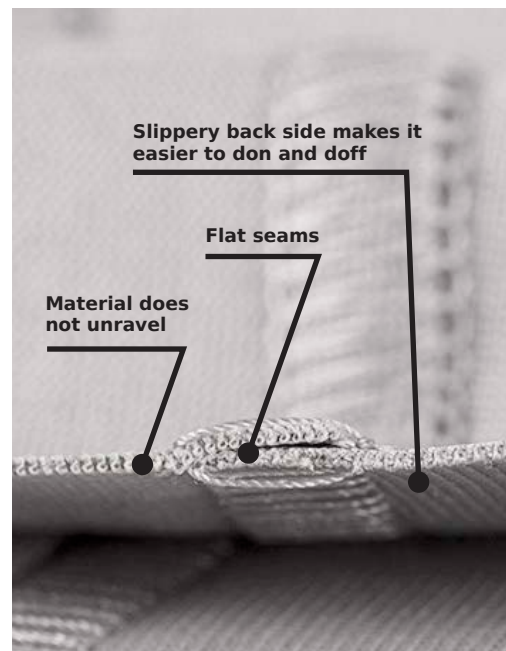


### LYMED MATERIALS

Lymed's materials are highly exceptional in pressure garment manufacturing. High quality materials, hand-picked by Lymed, do not contain rubber or other known allergens. Lymed products are made with Oeko-Tex standardized polyamide-elastane knits, manufactured in Europe without harmful chemicals. Materials are made responsibly and ethically, without child labor.

Lymed products are made from flat knitted warp knits. Warp knits tend to be better at forming compression and build tight curves into a garment. One of the big benefits is the fact that it doesn't unravel.

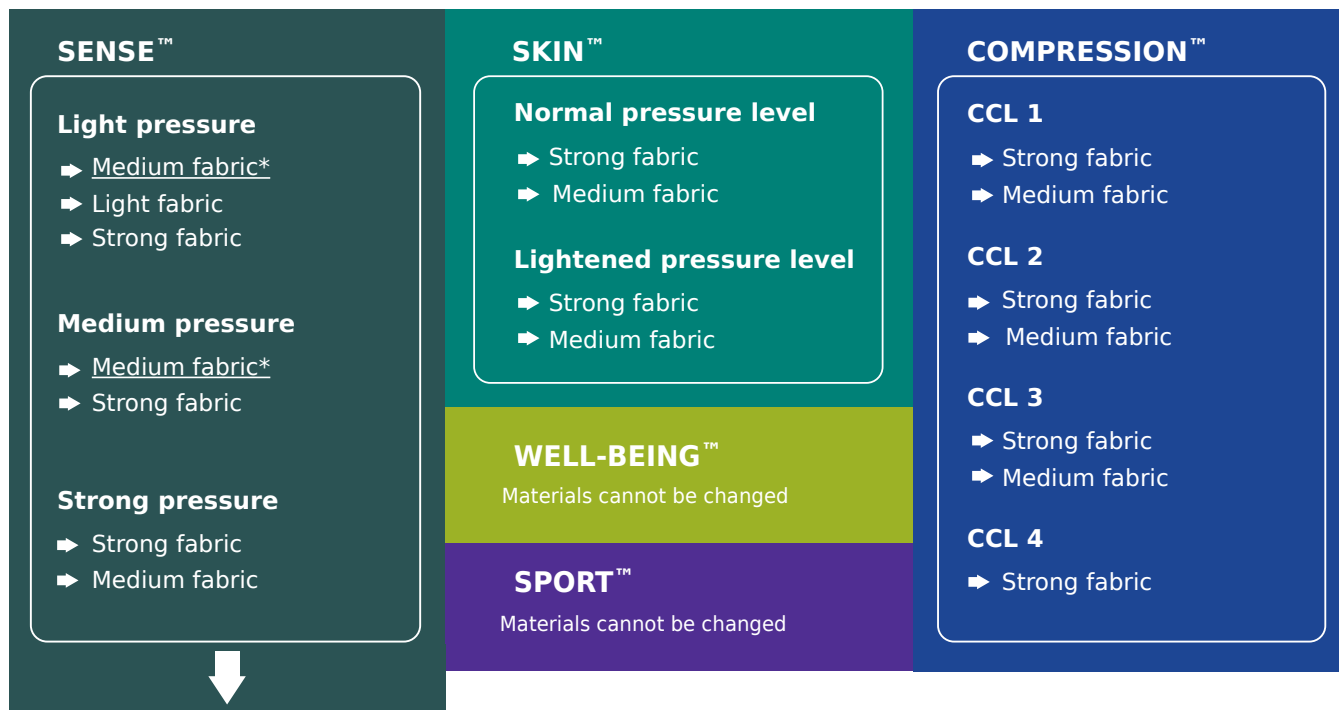
Fabrics are tested annually for durability, color fastness, and other properties. Fabrics pass the most gruesome tests – their resistance to abrasion is more than 150 000 Martindales! (SFS-EN ISO 12947-2) In addition to this, Lymed has developed non-standard, practice-simulating testing methods together with Finnish research institutes. SPF of the fabrics is 98%. The inside of all Lymed products is designed to be slippery, reducing extra friction during donning and doffing.



## RECOMMENDED MATERIALS

Recommended use is a general guideline to guarantee the best possible wear and quality. The fabric of the garment is always chosen to support the care prescribed by the physician and the garment is constructed to support the treatment of the patient. Each garment is individually manufactured to fit specific needs.

Unusual fabric choices are possible but can affect the durability of the garment. Lymed does not compensate the product or repair it without cost when using other than recommended fabrics. NB: Material choices for standard products and Sport product group cannot be changed.



### HOW DO I CHOOSE THE RIGHT PRESSURE AND FABRIC CHOICES FOR SENSE PRODUCTS?

- \*The most common Sense product for adults and children to support functionality is a mild pressure product with our medium fabric.
- There is rarely a need to order pressure garments for functionality support with strong pressure and a strong fabric.
- We recommend that when ordering the first Sense product, always select the most typical fabric and pressure level selections for the garment.

If the user needs a more firm feeling or pressure, the feel given by the product can be modified by changing the pressure level or fabric. If a higher pressure level is not suitable for the user, then we recommend changing the fabric of the next product to a stronger fabric without changing the pressure level. This allows us to achieve a firmer feel to the product without raising the pressure level.

#### THERE IS OEDEMA PRESENT?

Any oedema should always be treated primarily with a compression product from the Compression product group, before switching to Sense products.

#### DOES THE USER HAVE PAIN SYNDROME?

The first Sense product for an adult with pain syndrome is most typically a product with medium pressure as well as a medium fabric. If the user has oedema, a compression product from the Compression product group must be used. Often, the user dealing with pain syndrome has several different products with different pressure levels and fabric types in use. These can be varied on a daily basis, based on the support and feeling required by the user. Unlike other users of Sense products, users

with pain syndrome might use both strong pressure and strong fabric on their products.

#### USER HAS EDS?

The pressure garments used to treat Ehler-Danlos syndrome vary widely. Some users don't need pressure at all, while some want the strongest possible pressure level. The challenge with long-term pressure treatment of these users, is the ever-changing circumferences of the body. Sometimes various fastenings or additional solutions are designed for the products, with which the pressure garment can be adjusted. If it is not possible to determine whether a mild or firm feel is required with pressure treatment, it is advisable to order the product with a mild pressure and a medium fabric first.

#### PRODUCTS FOR SCAPULA WINGING

Pressure levels in products for Erb's palsy or Serratus anterior palsy are predefined. The pressure of the scapula support vest and body is always light and the product can be made of a strong fabric or, if necessary, a medium fabric.

#### SENSE PRODUCTS FOR CHILDREN

For children under the age of 13, as well as for adults, it is a good idea to choose a light pressure and medium fabric product as the first Sense product. For babies, we recommend a light fabric and a light pressure. For children who have been diagnosed with a sensitive vomiting reflex, we recommend a light fabric as well as a light pressure product as the first product.

# LYMED PRODUCT INFORMATION

## Colors

Lymed materials do not contain rubber, coated rubber or other known allergens.

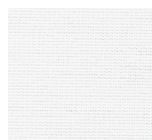
### FABRIC COLORS



**F1** Beige



**F2** Black



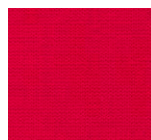
**F3** White



**F4** Grey



**F5** Blue



**F6** Red



**F7** Green

#### Colors in standard-sized products

Stock colors and other color options are described in each product's information. Ordering other than stock colors may affect the delivery time and the return policy.

### SEAM COLORS



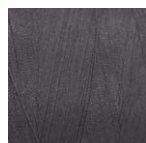
**S1** Beige



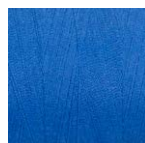
**S2** Black



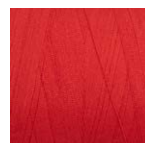
**S3** White



**S4** Grey



**S5** Blue



**S6** Red



**S7** Green



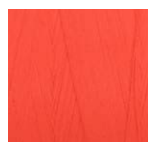
**S8** Pink



**S9** Bright  
Green



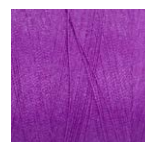
**S10** Yellow



**S11** Orange



**S12** Bright  
Blue



**S13** Purple

### DECORATED EMBLEMS

SIZE (DIAMETER): 2,2 CM



**P1** Cat



**P2** Dog



**P3** Fox



**P4** Bunny



**P5** Duck



**P6** Strawberry



**P7** Snowflake



**P8** Dino



**P9** Bear



**P10** Beetle



**P11** Ladybug



**P12** Turtle



**P13** Whale



**P14** Flower

Our production chooses the placement of the emblem.

## IRRITATION CAUSED BY SILICONE BANDS

Based on literature, most of the reactions caused by silicones are non-allergic and non-specific. It is usually plain irritation, caused by skin's properties, skin care products and hygiene – and the combination of them all. Individual elements, like pH of the skin, microbes, sweat, skin lotions and personal hygiene, can cause the irritation. Irritation can increase when sweating is more prominent – for example in higher temperatures. One can remove some of the irritation by cleaning the silicone band and the skin below it more frequently than before.

Every product can be manufactured without the silicone band, or by changing its place. There are several silicone band options available, and they can be changed into the product when needed. In some cases, a change into a model that does not require silicone bands at all could be beneficial (e.g. different strap options or models with more coverage). Best silicone band options for sensitive skin are SIL 1 and SIL 2.



# LYMED PRODUCT INFORMATION

## Silicone and elastane bands

Lymed elastane and silicone bands do not contain rubber, coated rubber or other known allergens. The properties of each Lymed product are defined in products pages, including possible elastane and silicone bands used in an individual product.

### ELASTANE BANDS



#### **ELA 1**

Elastane band

Width: 3 cm



#### **ELA 2**

Elastane band

Width: 2 cm



#### **ELA 3**

Edging band / elastane band

Width: 0,75 cm / 1,5 cm



#### **ELA 4**

Elastane band

Width: 5 cm

### SILICONE BANDS



#### **SIL 1**

Honeycomb silicone

Width: 3 cm



#### **SIL 2**

Droplet silicone

Width: 2 cm



#### **SIL 4**

3-stripe silicone

Width: 5cm

### CUSTOMIZING LYMED PRODUCTS TO MEET USER NEEDS

Lymed products can be very customized to meet the individual needs of the user. Our product catalog presents basic models of Lymed products as well as the most common additional features that help us get the best pressure garment that fits the user and meets their treatment goals.

If the need for additional features is not known before the first order, Lymed recommends choosing a basic model of any Lymed product. Additional features for the products may be considered when it is known that the independent use of the garment is difficult or it is desired to reduce the need for assisted donning and doffing.

We are happy to answer any questions related to the product and help to design a product that meets the needs of the user and the care personnel. Our customer service strives to answer questions as far as possible with the help of our product designers and measurers. In some cases, images, preliminary measurements and extensive background information can help to clarify the need better.

- Small sized products for babies, exceptionally large products for bigger circumferences
- Malformations, e.g. dysmelia and extensive tissue damage
- Amputation stump modification
- Double fabrics, neoprene supports and other product reinforcements to add local pressure and support
- Splint pockets, neoprene softeners and pockets for other materials and prostheses
- Adjustable straps and velcros for facilitation of the body
- Solutions for genital area, e.g. flaps, pockets and openings

### HOW CAN WE SUPPORT INDEPENDENT DONNING AND DOFFING?

- Zipper or hook fastenings – or a combination of the two - for the sock, pelvic area of the trousers, for sleeves, for the arm of the glove, for vest, etc.
- Zipper pullers and strings

### PREVENTING MATERIAL FOLDS, CREASES & ILL-FITTING PRODUCTS

- Different options of silicone or elastane bands can be added to the upper edges of products. Bands can be changed if needed.
- Additional silicone bands can be added on the inside of each product to create more friction, e.g. on the thigh area of pants.
- Products can be fastened together with hooks and velcros, e.g. fastening a vest onto pants.
- Products can have specialized fastening solutions if the choices presented in the catalogue are not a good fit.



### ORDERING AND PRODUCT CODES

The characteristics of the needed pressure garment must be given to us precisely and carefully so that we can produce just the right kind of product. The most complete product code possible must be found in the orders. The correct product code and the color codes used can always be found in the catalog.

### ORDERING ADDITIONAL FEATURES

An additional feature is always ordered in connection with the product, by entering the product code of the desired product, the color of the product and the code of any additional feature. We are happy to provide an estimate of the cost if there's a need to add features to the product that differ from the basic model.

### COLOR CODES

- F1 Beige
- F2 Black
- F3 White
- F4 Grey
- F5 Blue
- F6 Red
- F7 Green

See page 16 for more info.

### EXAMPLE OF ORDERING A CUSTOM-MADE PRODUCT WITH ADDITIONAL FEATURES:

Ordering a compression knee-high sock with a zipper and facing.	How to order: <b>CO20629F2 AZ AZF</b>											
	<table border="1"> <tr> <td>What the code means:</td> <td>CO20629</td> <td>F2</td> <td>AZ AZF</td> </tr> <tr> <td></td> <td>PRODUCT CODE</td> <td>COLOR CODE</td> <td>ADDITIONS TO PRODUCT</td> </tr> <tr> <td></td> <td>» Compression knee-high sock » Toes closed</td> <td>» Black</td> <td>» Additional zipper » Facing under the zipper</td> </tr> </table>	What the code means:	CO20629	F2	AZ AZF		PRODUCT CODE	COLOR CODE	ADDITIONS TO PRODUCT		» Compression knee-high sock » Toes closed	» Black
What the code means:	CO20629	F2	AZ AZF									
	PRODUCT CODE	COLOR CODE	ADDITIONS TO PRODUCT									
	» Compression knee-high sock » Toes closed	» Black	» Additional zipper » Facing under the zipper									

### EXAMPLES OF ORDERING A STANDARD PRODUCT WITH ADDITIONAL FEATURES:

Ordering a Interim & Light vest for men with hook fastening	How to order: <b>STIN224336F1H</b>											
	<table border="1"> <tr> <td>What the code means:</td> <td>STIN224336</td> <td>F1</td> <td>H</td> </tr> <tr> <td></td> <td>PRODUCT CODE</td> <td>COLOR CODE</td> <td>FASTENING</td> </tr> <tr> <td></td> <td>» Interim &amp; Light vest » Men » Long sleeves » Size 6</td> <td>» Beige</td> <td>» Hooks</td> </tr> </table>	What the code means:	STIN224336	F1	H		PRODUCT CODE	COLOR CODE	FASTENING		» Interim & Light vest » Men » Long sleeves » Size 6	» Beige
What the code means:	STIN224336	F1	H									
	PRODUCT CODE	COLOR CODE	FASTENING									
	» Interim & Light vest » Men » Long sleeves » Size 6	» Beige	» Hooks									
Ordering compression pants for women with a high waist, genital area closed	How to order: <b>STPOP21534HWF2C</b>											
	<table border="1"> <tr> <td>What the code means:</td> <td>STPOP21534HW</td> <td>F2</td> <td>C</td> </tr> <tr> <td></td> <td>PRODUCT CODE</td> <td>COLOR CODE</td> <td>GENITAL AREA</td> </tr> <tr> <td></td> <td>» Compression pants » Women » Ankle length » Size M » High waist</td> <td>» Black</td> <td>» Closed</td> </tr> </table>	What the code means:	STPOP21534HW	F2	C		PRODUCT CODE	COLOR CODE	GENITAL AREA		» Compression pants » Women » Ankle length » Size M » High waist	» Black
What the code means:	STPOP21534HW	F2	C									
	PRODUCT CODE	COLOR CODE	GENITAL AREA									
	» Compression pants » Women » Ankle length » Size M » High waist	» Black	» Closed									

# LYMED PRODUCT INFORMATION

## Ordering and product codes

<b>Most common features for custom-made vest</b>	<b>Addition code</b>
Diaper flap	<b>ADF</b>
Stoma or PEG opening in custom products	<b>ASTO</b>
Turtle neck	<b>AC</b>
Turtle neck with neoprene	<b>ACN</b>

<b>Most common features for custom-made pants and socks</b>	<b>Addition code</b>
Additional flap for genital area	<b>AF</b>
Additional neoprene flap for genital area	<b>AFN</b>
Additional zipper, e.g. for sock or glove	<b>AZ</b>
Facing for zipper	<b>AZF</b>
Flap, custom	<b>AFC</b>
High waist, custom	<b>HW</b>
Individual assistive hooks under the zipper	<b>AHZ</b>
Pouch, amputated limb	<b>AAC</b>
Seam reinforcement, fabric strip	<b>ASRF</b>
Seam reinforcement, zig zag	<b>ASRZ</b>
Shoulder straps	<b>AB</b>
<i>Shoulder strap color in white, beige and black pants is the same color as the fabric. With other colors shoulder straps are always black.</i>	
Waist strap	<b>A10B / A20B</b>

<b>Additional features for independent donning and doffing for custom-made products</b>	<b>Addition code</b>
Additional hooks	<b>AH</b>
Additional velcro	<b>AV</b>
Additional zipper, e.g. in the edge of sleeve or leg	<b>AZ</b>
Individual assistive hooks under the zipper	<b>AHZ</b>
Pull-up hoop, e.g. edge of product	<b>APH</b>
Silicone strip for better grip	<b>ASI</b>

Other available options, including e.g.: pockets of different sizes with or without reinforcements, seam linings and reinforcements, partial or complete product linings.

- Not all add-ons are available for all product options.
- Lymed will contact the ordering party if the feature cannot be implemented.
- Finishing options are mainly the most common options for adult models. The suitability of these options is assessed on the basis of the order.
- Ask your Lymed distributor about the cost of the additional features.
- Children's sizes are made for children under 13 years of age.

# LYMED PRODUCT INFORMATION

## Stocking options



Thigh-high stocking with waist strap

### THE LARGEST SELECTION OF STOCKING CHOICES AVAILABLE!

Lymed stockings are manufactured with an even pressure or compression. Compression stockings are manufactured in various compression classes. Compression stockings are available in preventive compression class A and medical compression classes I-IV. Official compression products in classes I-IV are known as medical compression stockings. Also, terms “medical compression socks or stockings” or “therapeutic compression socks” are in use.

Medical products made with compression or even pressure, are suitable for the treatment of diseases and conditions. Lymed custom-made stockings are made in Tampere, from start to finish. Lymed can manufacture challenging product solutions and personalized choices to all of its stockings.

### EASY APPLICATION AIDS

There are different solutions available for donning and doffing of Lymed stockings. The most popular is the zipper, which can be manufactured almost anywhere on the product, in all lengths.

Additions to products can be considered when there are difficulties in using the basic models, or there is a need for independent donning and doffing.

### POPULAR ADDITIONS TO STOCKINGS

- Zippers: partial or full length
- Zippers with guard to protect the skin underneath
- Waist straps
- Hooks, velcros or a combination of the two
- Additional silicone bands
- Zipper pullers and strings
- Pockets, fillings and solutions to help the changing of dressings



### ZIPPER CHOICES FOR LYMED STOCKINGS

A zipper can be placed almost everywhere on the product, based on preference of the client and how the stocking will be donned. Assistive hooks can be added beneath the zipper to ease with the process of putting the stocking on.

Zipper solutions are handy in wound care and changing of wound dressings, e.g. in leg ulcers. Zipper is a helpful and fast solution in assistive donning & doffing. In independent donning zipper may remove the need for other donning & doffing aids.

Zipper locations

- Interior, front
- Exterior, front
- Middle, front (default location)



Full length, open edge

Full length, intact edge

Partial length

### TIP CHOICES FOR STOCKINGS

Stockings can be manufactured with various tip models depending on the client's personal needs.

- Toes open or closed
- Foot glove and other special models
- Separate toe glove which enables the use of a toe glove and stockings separately, if needed



Toes closed

Toes open

Foot glove, closed tips

Foot glove, open tips

Toe glove closed

Toe glove open



SKIN™

# SKIN™

## PRESSURE GARMENTS FOR SCAR MANAGEMENT



Custom-made

Standard size

Pressure treatment can be used as a prophylactic measure for wounds or skin grafts that do not heal as fast thus having an increased risk of hypertrophic scars. Garments should be used as soon as the healing skin can tolerate the optimal scar treatment pressure. Lymed Skin™ products are available for all body parts, and products are mainly custom-made.

Lymed Skin garments for scar treatment are manufactured with even pressure. In even pressure garments the pressure is evenly distributed throughout the product. Products are used for individual scar treatment with

optimal scar management pressure. To ensure product's safety, Lymed recommends to have a critical approach towards suitability of standard-sized products in scar treatment. According to literature, optimal benefits from pressure treatment cannot be achieved if the garment is too loose. On the other hand, too tight or an ill-fitting product may cause a negative effect. Lymed recommends that garments should be custom-made to sustain optimal pressure without causing tissue damage. The fit of the product should be monitored regularly.



**VEST**

Custom-made

Model Product / Art.No

	Sleeveless	Short sleeves	Long and short sleeve	Long sleeves
Women	PR21411	PR21422	PR21423	PR21433
Men	PR22411	PR22422	PR22423	PR22433
Children	PR10411	PR10422	PR10423	PR10433

Instructions on forming product codes, page 19.

**Product information:**

Long-sleeved vest with anatomical elbow construction. Axilla construction primarily from medium material. Women's vest with anatomical breast construction. Without request: manufactured with hooks

Recommended material:	Strong, medium
Colors available:	All
Fastening:	None / hooks / zipper with guard
Details:	Hemline SIL 1
	Neckline ELA 3
	Edge of sleeve ELA 2
	Sleeveless model, edging ELA 3



Product picture, code: PR21433F5



**ABDOMINAL SUPPORT**

Custom-made

Model Art.No

Women	PR21400
Men	PR22400
Children	PR10400

Instructions on forming product codes, page 19.

**Product information:**

Used whenever extra pressure is needed on the midsection.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Hooks / zipper
Details:	Upper edge SIL 1
	Lower edge SIL 1

Product picture, code: PR21400F1



Product picture, code: STPR714F2

**STERNAL STRAP**  
**Narrow front**

Standard size

Size	Width*	Circumf.**	Art.No
	cm	cm	
XS	4,0	50 - 62	STPR712
S	4,4	63 - 75	STPR713
M	4,8	76 - 88	STPR714
L	5,3	89 - 101	STPR715
XL	5,7	102 - 114	STPR716

**Product information:**

Two-piece product with velcro fastening on sides and shoulders. Suitable for scar treatment on sternal area e.g. after open heart surgery. Narrow model is especially suitable for women.

\*Width of the front piece at the narrowest part  
\*\*Circumference of the chest below breasts.

Material:	Polyamide elastane blend
Color:	Black
Pressure level:	Adjustable
Fastening:	Velcro fastening

Instructions on forming product codes, page 19.





Product picture, code: STPR724F2

**STERNAL STRAP**  
**Wide front**

Standard size

Size	Width*	Circumf.**	Art.No
	cm	cm	
S	10,0	63 - 75	STPR723
M	10,0	76 - 88	STPR724
L	10,0	89 - 101	STPR725
XL	10,0	102 - 114	STPR726

Instructions on forming product codes, page 19.

**Product information:**

Two-piece product with velcro fastening on sides and shoulders. Suitable for scar treatment on sternal area e.g. after open heart surgery.

Splint pocket in the front with a removable pad for extra pressure.

\*Width of the front piece is 10 cm at the narrowest part.  
\*\*Circumference of the chest below breasts.

Material:	Polyamide elastane blend, polyester polyurethane pad
Color:	Black
Pressure level:	Adjustable
Fastening:	Velcro fastening



Product picture, code:  
PR104033F7

BODY					Custom-made
Model	Product / Art.No				Additions
	Sleeveless	Short sleeves	Long and short sleeve	Long sleeves	Short legs
Women	PR214011	PR214022	PR214023	PR214033	PRA21L
Children	PR104011	PR104022	PR104023	PR104033	PRA10L

Instructions on forming product codes, page 19.

**Product information:**

Long-sleeved body with anatomical elbow construction. Axilla construction primarily from medium material. Women's body with anatomical breast construction. Basic model is shaped as high-cut brief, excluding legs.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Hooks/ zipper with guard at the front Push-buttons at the crotch
Details:	Neckline and leg opening ELA 3 Edge of sleeve ELA 2 Sleeveless model, edging ELA 3 Short legs: edge of leg ELA 2



Product picture, code: PR22524F4

**PANTS**

Custom-made

Model Product / Art.No

	Short legs	Short and long leg	Short leg and leg with stocking	Long legs	Long leg and leg with stocking	Short leg and leg with foot glove, toes open	Short leg and leg with foot glove, toes closed	Long leg and leg with foot glove, toes open	Long leg and leg with foot glove, toes closed
Women	PR21522	PR21523	PR21524	PR21533	PR21534	PR21524FG8	PR21524FG9	PR21534FG8	PR21534FG9
Men	PR22522	PR22523	PR22524	PR22533	PR22534	PR22524FG8	PR22524FG9	PR22534FG8	PR22534FG9
Girls	PR11522	PR11523	PR11524	PR11533	PR11534	PR11524FG8	PR11524FG9	PR11534FG8	PR11534FG9
Boys	PR12522	PR12523	PR12524	PR12533	PR12534	PR12524FG8	PR12524FG9	PR12534FG8	PR12534FG9

**STOCKINGS**

Custom-made

Malli Product / Art.No

	Stockings	Stockings, one leg with foot glove, toes open	Stockings, one leg with foot glove, toes closed	Stockings with foot gloves, toes open	Stockings with foot gloves, toes closed
Women	PR21544	PR21544FG8	PR21544FG9	PR21544FG28	PR21544FG29
Men	PR22544	PR22544FG8	PR22544FG9	PR22544FG28	PR22544FG29
Girls	PR11544	PR11544FG8	PR11544FG9	PR11544FG28	PR11544FG29
Boys	PR12544	PR12544FG8	PR12544FG9	PR12544FG28	PR12544FG29

**Product information:**

Anatomical construction at the knee and ankle. Constructions made from medium material when product is manufactured from strong material. Men's models with contouring at the front.

Recommended material:	Strong, medium
Colors available:	All
Details:	Waist ELA 1 Leg opening ELA 2



Product picture, code: PR20603F6



Product picture, code: PR20603F1

LEG				Custom-made
Model	Product / Art.No			Additions
	Ankle-knee	Knee-thigh	Ankle-thigh	Waist strap
Adults	PR20601	PR20602	PR20603	A20B
Children	PR10601	PR10602	PR10603	A10B

**Product information:**

Ankle-thigh model with anatomical knee construction. Constructions made from medium material, when product is manufactured from strong material.

Recommended material: Strong, medium

Colors available: All

Fastening: None / hooks / zipper

By request: Waist strap for thigh-high models ELA 4

Strap always in the same color as fabric.

Details: Upper edge SIL 4, upper edge in knee-high SIL 1, lower edge ELA 2.

Instructions on forming product codes, page 19.



Product picture, code: PR20639F4 A20B



Product picture, code:  
PR20629F4 AZ



Product picture, code:  
PR20619F5

**STOCKING**

Custom-made

Model	Toes	Product / Art.No			Additions
		Ankle-high	Knee-high	Thigh-high	
Adults	Closed	PR20619	PR20629	PR20639	A20B
Adults	Open	PR20618	PR20628	PR20638	A20B
Adults	Toe sock, closed	PR20619FG	PR20629FG	PR20639FG	A20B
Adults	Toe sock, open	PR20618FG	PR20628FG	PR20638FG	A20B
Children	Closed	PR10619	PR10629	PR10639	A10B
Children	Open	PR10618	PR10628	PR10638	A10B
Children	Toe sock, closed	PR10619FG	PR10629FG	PR10639FG	A10B
Children	Toe sock, open	PR10618FG	PR10628FG	PR10638FG	A10B

Instructions on forming product codes, page 19.

**Product information:**

Anatomical knee and ankle constructions. Constructions made from medium material, when product is manufactured from the strong material.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	None / hooks / zipper
By request:	Waist strap for thigh-high model ELA 4 Strap always in the same color as fabric.
Details:	Upper edge: SIL 1, upper edge in thigh-high SIL 4, lower edge, tip open ELA 2.

**FOOT GLOVE**

Custom-made

Model	Toe tips	Art.No
Adults	Closed	PRA20T9
Adults	Open	PRA20T8
Children	Closed	PRA10T9
Children	Open	PRA10T8

**Product information:**

For the treatment of foot or toes. Can be used by itself or e.g. with an open toe sock. (picture p.21)

Recommended material:	Strong, medium
Colors available:	All
Fastening:	None
Details:	None

**ADDITIONS FOR STOCKINGS,  
SEE PAGE 21**



Product picture, code: PR20303F1



Product picture, code: PR2031038F1



Product picture, code: PR2031138F1

SLEEVE				Custom-made
Model	Product / Art.No			
	Wrist-elbow	Elbow-axilla	Wrist-axilla	
Adults	PR20301	PR20302	PR20303	
Children	PR10301	PR10302	PR10303	

SLEEVE GAUNTLET				Custom-made
Model	Thumb	Product / Art.No		
		To elbow	To axilla	
Adults	Closed	PR2031019	PR2031039	
Adults	Open	PR2031018	PR2031038	
Children	Closed	PR1031019	PR1031039	
Children	Open	PR1031018	PR1031038	

SLEEVE GLOVE				Custom-made
Model	Fingers	Product / Art.No		
		To elbow	To axilla	
Adults	Closed	PR2031119	PR2031139	
Adults	Open	PR2031118	PR2031138	
Children	Closed	PR1031119	PR1031139	
Children	Open	PR1031118	PR1031138	

Instructions on forming product codes, page 19.

**Product information:**

Wrist-axilla model with anatomical elbow construction.

Recommended material: Strong, medium

Colors available: All

Fastening: None / models 1-3

Details: Upper edge SIL 1  
Lower edge ELA 2

**Product information:**

Axilla-length model with anatomical elbow construction. Anatomical construction in the thumb crotch.

Recommended material: Strong

Colors available: All

Fastening: None / models 1-3

Details: Upper edge SIL 1  
Lower edge ELA 2

**Product information:**

Axilla-length model with anatomical elbow construction. Anatomical construction between the fingers and in the thumb crotch.

Recommended material: Strong

Colors available: All

Fastening: None / models 1-3

Details: Upper edge SIL 1

# LYMED SKIN™

## Pressure garments for scar management

### SLEEVE FASTENING 1

Custom-made

Model Product / Art.No

#### Model 1 Shoulder flap

Adults A20S1

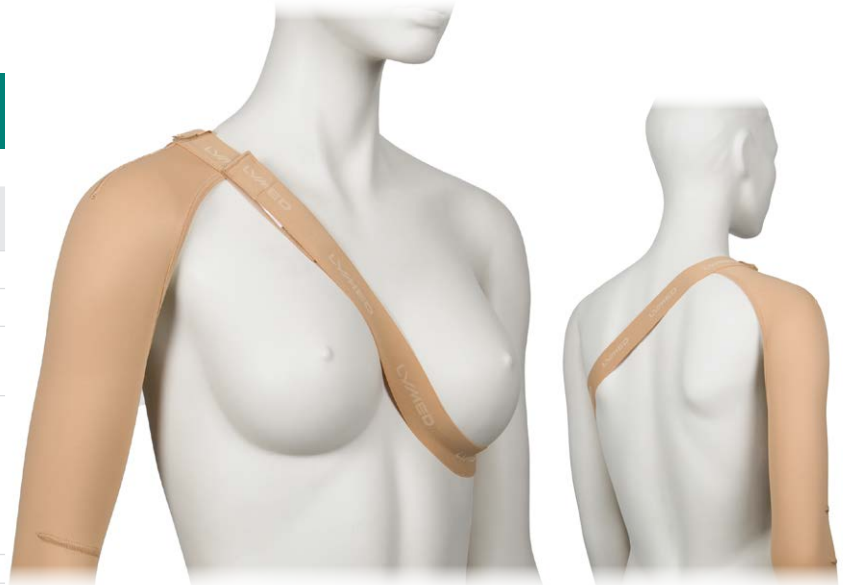
Children A10S1

#### Product information:

Elastic strap running under the breast to hold the sleeve up. Fastening with velcro. Suitable especially for users with large breasts. Available for all sleeves reaching up to axilla. Women's sleeve with a bra strap holder.

Material: ELA 1

Color: Same as sleeve



### SLEEVE FASTENING 2

Custom-made

Model Product / Art.No

#### Model 2 Shoulder flap

Adults A20S2

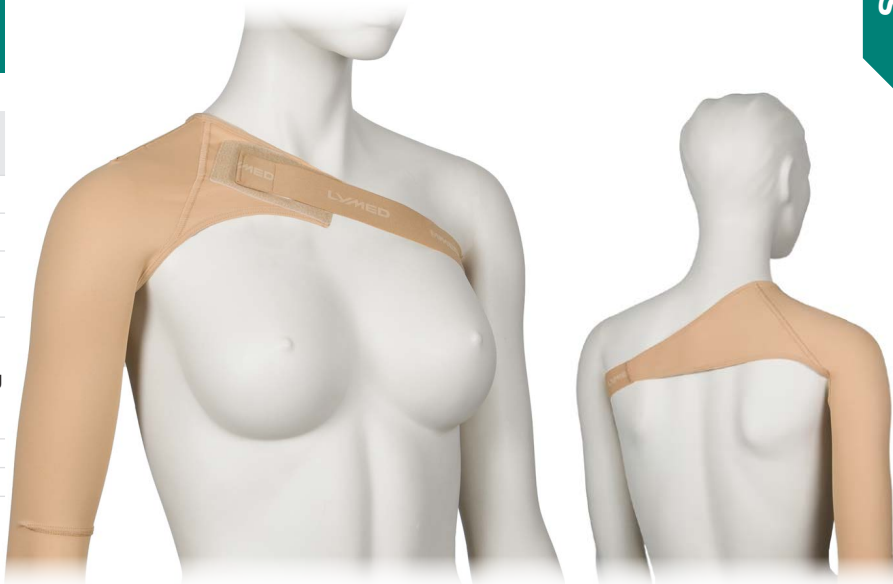
Children A10S2

#### Product information:

Elastic strap running under the axilla to hold the sleeve up. Fastening with velcro. Available for all sleeves reaching up to axilla.

Material: ELA 1

Color: Same as sleeve



### SLEEVE FASTENING 3

Custom-made

Model Product / Art.No

#### Model 3 Opposite sleeve

Adults A20S3

Children A10S3

#### Product information:

Short sleeve for the opposite arm to hold the therapeutic sleeve in place. Recommended when sleeve does not stay put or when treatment is needed in the axilla area. Opposite sleeve with the same compression as the ordered sleeve. Only by separate request: no pressure on the opposite sleeve. Light pressure on the bolero. Available for all sleeves reaching up to axilla.

Material: Same as sleeve

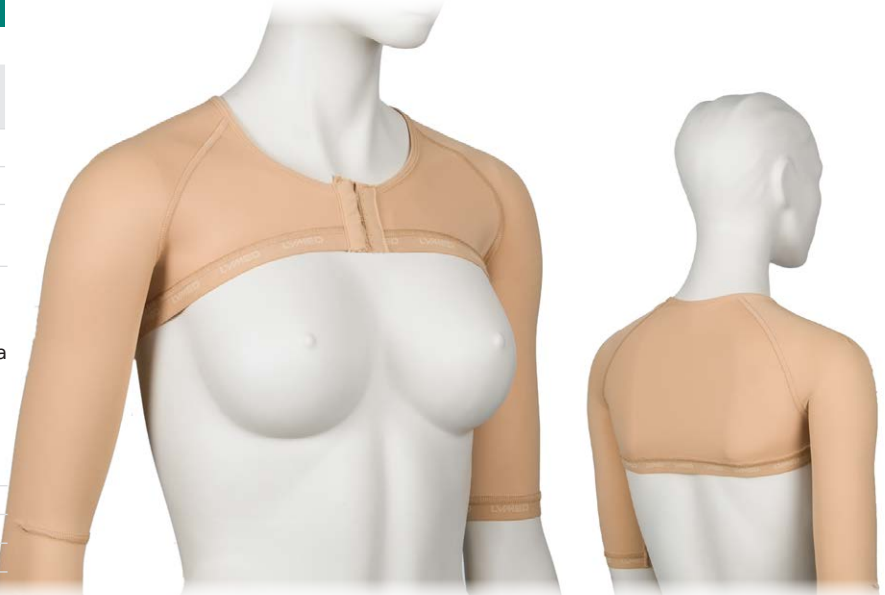
Color: Same as sleeve

Fastening: Hooks / zipper

Details: Neckline ELA 3

Hemline SIL 1

Edge of op. sleeve ELA 2





Product picture, code:  
PR203119F1 (Custom-made)  
STPR31194RF1 (Standard)

Product picture, code:  
PR203118F1 (Custom-made)  
STPR31184RF1 (Standard)



Product picture, code:  
PR203108F1 (Custom-made)  
STPR3104RF1 (Standard)

**GLOVE** Custom-made

Model	Product / Art.No	
	Fingertips closed	Fingertips open
Adults	PR203119	PR203118
Children	PR103119	PR103118

Instructions on forming product codes, page 19.

**Product information:**

Anatomical construction between the fingers and in the thumb crotch (picture above). Number of dorsal seams in glove may vary due to individual measurements and pressure/compression levels.

Recommended material:	Strong
Colors available:	All
Fastening:	None / hooks / zipper
Details:	Wrist edging ELA 3

**GLOVE** Standard size

Size	Circumf.*	Product / Art.No		Fingertips open	
		Right	Left	Right	Left
XXS	14 - 16	STPR31191R	STPR31191L	STPR31181R	STPR31181L
XS	17 - 18	STPR31192R	STPR31192L	STPR31182R	STPR31182L
S	19 - 20	STPR31193R	STPR31193L	STPR31183R	STPR31183L
M	21 - 22	STPR31194R	STPR31194L	STPR31184R	STPR31184L
L	23 - 24	STPR31195R	STPR31195L	STPR31185R	STPR31185L
XL	25 - 26	STPR31196R	STPR31196L	STPR31186R	STPR31186L
XXL	27 - 28	STPR31197R	STPR31197L	STPR31187R	STPR31187L

Instructions on forming product codes, page 19.

**Product information:**

Anatomical construction between the fingers. \*Circumference at MCP

Material:	Strong
Colors:	Black, beige
Pressure level:	23 - 30 mmHg
Details:	Wrist edging ELA 3

**GAUNTLET** Custom-made

Model	Product / Art.No	
	Thumb closed	Thumb open
Adults	PR203109	PR203108
Children	PR103109	PR103108

**Product information:**

Anatomical construction in the thumb crotch (picture above).

Recommended material:	Strong
Colors available:	All
Fastening:	None / hooks / zipper
Details:	Wrist edging ELA 3 Palm edging ELA 2

**GAUNTLET** Standard size

Size	Circumf.*	Product / Art.No	
		Right	Left
XXS	14 - 16	STPR3101R	STPR3101L
XS	17 - 18	STPR3102R	STPR3102L
S	19 - 20	STPR3103R	STPR3103L
M	21 - 22	STPR3104R	STPR3104L
L	23 - 24	STPR3105R	STPR3105L
XL	25 - 26	STPR3106R	STPR3106L
XXL	27 - 28	STPR3107R	STPR3107L

**Product information:**

\*Circumference at MCP

Material:	Strong
Colors:	Black, beige
Pressure level:	23 - 30 mmHg
Details:	Wrist edging ELA 3 Palm edging ELA 2





Product picture, code:  
STPR2037F2



Product picture, code:  
STPR334F1

**WEB SPACER**

Standard size

*Model*                      *Product / Art.No*

**One size**

Adults	STPR2037
Children	STPR1037

Instructions on forming product codes, page 19.

**Product information:**

Web spacer gives extra pressure between fingers.  
Product is adjustable and suitable for both hands.  
Intended to be worn over a pressure glove.

Material:	Elastic velcro, elastane strap
Colors:	Black, beige
Fastening:	Velcro

**DIGITAL CAP**

Standard size

*Size*    *Product length*    *Circumf.\**    *Art.No*

	<b>cm</b>	<b>cm</b>	
XS	5,0	4 - 5	STPR332
S	5,5	5 - 6	STPR333
M	6,5	6 - 7	STPR334
L	7,5	7 - 8	STPR335
XL	8,5	8 - 9	STPR336

**Product information:**

Suitable for scar management on both hand's fingers.

\*Circumference around the PIP joint.

Material:	Medium
Color:	Beige
Pressure level:	23 - 30 mmHg



Product picture, code:  
PR2011F1 (Custom-made)  
STPR114F1 (Standard)



Product picture, code:  
PR2012F1 (Custom-made)  
STPR124F1 (Standard)

**CHIN STRAP** Custom-made

Model	Product / Art.No	
	Ear area open	Ear area closed
Adults	PR2011	PR2012
Children	PR1011	PR1012

Instructions on forming product codes, page 19.

**Product information:**

Velcro fastenings on the crown of the head and back of the neck.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	ELA 1 with velcro
Details:	Edging ELA 3

**CHIN STRAP** Standard size

Size	Circumf.*	Product / Art.No	
	cm	Ear area open	Ear area closed
XXS	50 - 54	STPR111	STPR121
XS	55 - 58	STPR112	STPR122
S	59 - 62	STPR113	STPR123
M	63 - 66	STPR114	STPR124
L	67 - 70	STPR115	STPR125
XL	71 - 74	STPR116	STPR126

**Product information:**

Velcro fastenings on the crown of the head and back of the neck.

\*Circumference from crown to chin.

Material:	Strong
Color:	Beige
Pressure level:	Adjustable
Fastening:	ELA 1 with velcro
Details:	Edging ELA 3

**HEADBAND** Custom-made

Model	Product / Art.No
Adults	PR2010
Children	PR1010

**Product information:**

Velcro fastening at the back of the neck.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Velcro
Details:	Edging ELA 3



Product picture, code:  
PR20138F1



Product picture, code:  
PR20139F1

<b>HELMET</b>		Custom-made
<i>Model</i>	<i>Product / Art.No</i>	
	<b>Face open</b>	<b>Face closed</b>
Adults	PR20138	PR20139
Children	PR10138	PR10139

Instructions on forming product codes, page 19.

**Product information:**

Close-faced model is used to hold e.g. wound and scar care products in place. Can be used over face masks.

Openings for eyes, mouth and nose are cut when fitting the product: fit the helmet on and mark the places for openings. Remove the helmet and cut with scissors. Material does not unravel when cut.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Hooks / occipital zipper
Details:	Edging ELA 3



Product picture, code:  
PR202F1 (Custom-made)  
STPR24F1 (Standard)

**PRESSURE COLLAR** Custom-made

Model	Art.No
Adults	PR202
Children	PR102

Instructions on forming product codes, page 19.

**Product information:**

Collar with 3 mm neoprene filling.  
Velcro fastening in the back of the neck.

Material:	Strong Neoprene
Colors available:	All
Pressure level:	Adjustable
Fastening:	Velcro

**PRESSURE COLLAR** Standard size

Size	Model	Circumf.*	Height (cm)		Art.No
			cm	Front Back	
XXS	Children	20 - 24	4,5	3,0	STPR21
XS	Children	25 - 30	4,5	3,0	STPR22
S	Adults	31 - 35	7,0	5,5	STPR23
M	Adults	36 - 40	7,5	5,5	STPR24
L	Adults	41 - 45	8,0	5,5	STPR25
XL	Adults	46 - 50	9,0	6,0	STPR26

**Product information:**

Collar with 3 mm neoprene filling.  
Velcro fastening in the back of the neck.

\*Circumference around the neck.

Material:	Strong with neoprene fill
Color:	Beige
Pressure level:	Adjustable
Fastening:	Velcro



# COMPRESSION™

## MEDICAL COMPRESSION GARMENTS



Custom-made

Standard size

Compression treatment is needed when the person has venous insufficiency, lymphatic edema, venous ulcers or swelling caused by injuries or operations. Swelling is caused by the intercellular accumulated fluid. The reason for this might be insufficiencies in the lymphatic system or surface veins or even tissue damage.

Compression garments support the natural lymphatic circulation of the body. Preventive measures are recommended to those with stagnant lifestyles (lots of sitting or standing), when travelling, during pregnancies and in the aftercare of operations.

Lymed Compression™ products are mainly custom-made with compression class determined by the person responsible for client's care.

To ensure product's safety, Lymed recommends to have a critical approach towards suitability of standard-sized products in compression treatment. According to literature, optimal benefits from pressure treatment cannot be achieved if the garment is too loose. On the other hand, too tight or an ill-fitting product may cause a negative effect. Lymed recommends that garments should be custom-made to sustain optimal compression without causing tissue damage. The fit of the product should be monitored regularly.



Product picture, code: CO21433F7



Product picture, code: CO21433F1  
measured to stop under the breasts

**VEST**

Custom-made

Model Product / Art.No

	Sleeveless	Short sleeves	Long and short sleeve	Long sleeves
Women	CO21411	CO21422	CO21423	CO21433
Men	CO22411	CO22422	CO22423	CO22433
Children	CO10411	CO10422	CO10423	CO10433

Instructions on forming product codes, page 19.

Separate abdominal support available for midsection:  
please see product details from Lymed Skin -product group p.23

**Product information:**

Long-sleeved vest with anatomical elbow construction. Axilla construction primarily from medium material. Women's vest with anatomical breast construction.  
Without request: manufactured with hooks

Recommended material: Strong, medium

Colors available: All

Fastening: None / hooks / zipper with guard

Details: Hemline: SIL 1

Neckline: ELA 3

Edge of sleeve ELA 2

Sleeveless model: edging ELA 3



Product picture, code: CO214022F4

BODY					Custom-made
Model	Product / Art.No				Additions
	Sleeveless	Short sleeves	Long and short sleeve	Long sleeves	Short legs
Women	CO214011	CO214022	CO214023	CO214033	COA21L
Children	CO104011	CO104022	CO104023	CO104033	COA10L

Instructions on forming product codes, page 19.

**Product information:**

Long-sleeved body with anatomical elbow construction. Axilla construction primarily from medium material. Women's body with anatomical breast construction. Basic model is shaped as high-cut brief, excluding legs.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Hooks / zipper with guard at the front, Adjustable push-buttons at the crotch
Details:	Neckline and leg opening ELA 3
	Edge of sleeve ELA 2
	Sleeveless model: edging ELA 3
	Short legs: edge of leg ELA 2



Product picture, code: STCO754F3H

**COMPRESSION BRA**

Standard size

Size      Circumf.\*      Product / Art.No

	cm	Two cups	Without cups	Cup on the right	Cup on the left	Prosthesis pocket, both	Prosthesis pocket, right	Prosthesis pocket, left
XS	68 - 76	STCO752	STCO762	STCO762R	STCO762L	STCO752PP	STCO752PR	STCO752PL
S	76 - 84	STCO753	STCO763	STCO763R	STCO763L	STCO753PP	STCO753PR	STCO753PL
M	84 - 89	STCO754	STCO764	STCO764R	STCO764L	STCO754PP	STCO754PR	STCO754PL
L	89 - 94	STCO755	STCO765	STCO765R	STCO765L	STCO755PP	STCO755PR	STCO755PL
XL	94 - 104	STCO756	STCO766	STCO766R	STCO766L	STCO756PP	STCO756PR	STCO756PL
XXL	104 - 114	STCO757	STCO767	STCO767R	STCO767L	STCO757PP	STCO757PR	STCO757PL
XXXL	114 - 127	STCO758	STCO768	STCO768R	STCO768L	STCO758PP	STCO758PR	STCO758PL

**Non-stock products**

Instructions on forming product codes, page 19.

**Product information:**

A very sturdy compression bra, meant to remove swelling from the sides and the underarm area. A full coverage model with hook fasteners between the breasts. Basic model with two cups. Available with either of the cups, cupless or with pockets for prosthesis (both or either side).

\*Circumference at the chest below the breasts.

Material:	Strong
	Pocket for prosthesis: Medium
Stock colors in basic models:	Black, white
Colors by request in other models:	Black, white
Compression level:	Ccl II
Fastening:	Hooks
Can be ordered:	Zipper fastening
Details:	Hemline ELA 1
	Edging ELA 3





Product picture, code: CO22533F1

**PANTS**

Custom-made

Model Product / Art.No

	Short legs	Short and long leg	Short leg and leg with stocking	Long legs	Long leg and leg with stocking	Short leg and leg with foot glove, toes open	Short leg and leg with foot glove, toes closed	Long leg and leg with foot glove, toes open	Long leg and leg with foot glove, toes closed
Women	CO21522	CO21523	CO21524	CO21533	CO21534	CO21524FG8	CO21524FG9	CO21534FG8	CO21534FG9
Men	CO22522	CO22523	CO22524	CO22533	CO22534	CO22524FG8	CO22524FG9	CO22534FG8	CO22534FG9
Girls	CO11522	CO11523	CO11524	CO11533	CO11534	CO11524FG8	CO11524FG9	CO11534FG8	CO11534FG9
Boys	CO12522	CO12523	CO12524	CO12533	CO12534	CO12524FG8	CO12524FG9	CO12534FG8	CO12534FG9

**STOCKINGS**

Custom-made

Malli Product / Art.No

	Stockings	Stockings, one leg with foot glove, toes open	Stockings, one leg with foot glove, toes closed	Stockings with foot gloves, toes open	Stockings with foot gloves, toes closed
Women	CO21544	CO21544FG8	CO21544FG9	CO21544FG28	CO21544FG29
Men	CO22544	CO22544FG8	CO22544FG9	CO22544FG28	CO22544FG29
Girls	CO11544	CO11544FG8	CO11544FG9	CO11544FG28	CO11544FG29
Boys	CO12544	CO12544FG8	CO12544FG9	CO12544FG28	CO12544FG29

**Product information:**

Anatomical construction at the knee and ankle. Constructions made from medium material when product is manufactured from strong material. Constructions are made from strong material in classes III and above. Men's models with contouring at the front.

Recommended material:	Strong, medium
Colors available:	All
Details:	Waist ELA 1 Leg opening ELA 2

Instructions on forming product codes, page 19.



Product picture, code:  
STCO21514F1



Product picture, code:  
STCO21514HWF1



Product picture, code:  
STCO21514FSF1 ABS

Normal waist  
with add-on flap (FS),  
shoulder straps

**COMPRESSION PANTS FOR WOMEN |  
NORMAL WAIST**

Standard size

Model	Circumf.*	Product / Art.No			
	Pelvis (cm)	Thigh (cm)	Knee length	Calf length	Ankle length
XS	86 - 90	50,0 - 52,5	STCO21512	STCO21522	STCO21532
S	91 - 95	53,0 - 56,0	STCO21513	STCO21523	STCO21533
M	96 - 101	56,5 - 59,0	STCO21514	STCO21524	STCO21534
L	102 - 110	59,5 - 62,0	STCO21515	STCO21525	STCO21535
XL	111 - 121	62,5 - 65,0	STCO21516	STCO21526	STCO21536
XXL	122 - 132	65,5 - 68,0	STCO21517	STCO21527	STCO21537
XXXL	133 - 138	68,5 - 71,5	STCO21518	STCO21528	STCO21538
XXXXL	139 - 144	72,0 - 74,5	STCO21519	STCO21529	STCO21539

**ADDED COMPRESSION FOR GENITAL EDEMA**

Product / Art.No	Fabric flap, velcro adjustment	Flap with neoprene reinforcement, velcro adjustment	Integrated centerpiece with neoprene reinforcement
FS		FNS	NI

Instructions on forming product codes, page 19.

**COMPRESSION PANTS FOR WOMEN |  
HIGH WAIST**

Standard size

Model	Circumf.*	Product / Art.No			
	Pelvis (cm)	Thigh (cm)	Knee length	Calf length	Ankle length
XS	86 - 90	50,0 - 52,5	STCO21512HW	STCO21522HW	STCO21532HW
S	91 - 95	53,0 - 56,0	STCO21513HW	STCO21523HW	STCO21533HW
M	96 - 101	56,5 - 59,0	STCO21514HW	STCO21524HW	STCO21534HW
L	102 - 110	59,5 - 62,0	STCO21515HW	STCO21525HW	STCO21535HW
XL	111 - 121	62,5 - 65,0	STCO21516HW	STCO21526HW	STCO21536HW
XXL	122 - 132	65,5 - 68,0	STCO21517HW	STCO21527HW	STCO21537HW
XXXL	133 - 138	68,5 - 71,5	STCO21518HW	STCO21528HW	STCO21538HW
XXXXL	139 - 144	72,0 - 74,5	STCO21519HW	STCO21529HW	STCO21539HW

**ADDED COMPRESSION FOR GENITAL EDEMA**

Product / Art.No	Integrated centerpiece with neoprene reinforcement
NI	

Instructions on forming product codes, page 19.

**Product information:**

Compression pants for lower limb edema. Basic models without genital compression. Other models (FS, FNS, NI) available for treating genital edema.

Recommended add-on: shoulder straps.

\*Circumference at widest point of pelvis and upper thigh.

Material:	Strong
Stock color in basic models:	Black
Color by request in basic models:	Beige
Colors by request in other models:	Black, beige
Compression level:	Ccl II
Details:	Waist SIL 1, Leg opening ELA 2



Product picture, code: STCO22534F1



Product picture, code: STCO22534FSF1 ABS

COMPRESSION™

COMPRESSION PANTS FOR MEN   NORMAL WAIST						Standard size	ADDED COMPRESSION FOR GENITAL EDEMA	
Model	Circumf.*		Product / Art.No			Product / Art.No	Fabric flap, velcro fastening	
	Pelvis (cm)	Thigh (cm)	Knee length	Calf length	Ankle length		FS	
XS	84 - 89	55,0 - 57,5	STCO22512	STCO22522	STCO22532			
S	90 - 95	58,0 - 60,5	STCO22513	STCO22523	STCO22533			
M	96 - 101	61,0 - 63,5	STCO22514	STCO22524	STCO22534			
L	102 - 107	64,0 - 66,5	STCO22515	STCO22525	STCO22535			
XL	108 - 114	67,0 - 69,5	STCO22516	STCO22526	STCO22536			
XXL	115 - 121	70,0 - 72,5	STCO22517	STCO22527	STCO22537			

Instructions on forming product codes, page 19.

**Product information:**

Compression pants for lower limb edema. Basic model without genital compression. Contouring in the front.

Model with added compression flap is designed for genital edema: Genitals are placed through the opening in the front of the pants to the compressive pouch. Opening can be cut with scissors to a suitable size. Fit of the flap can be adjusted with velcro fastening.

Recommended add-on: shoulder straps.

\*Circumference at widest point of pelvis and upper thigh.

Material:	Strong
Stock color in basic models:	Black
Color by request in basic models:	Beige
Colors by request in other models:	Black, beige
Compression level:	Ccl II
Details:	Waist SIL 1, Leg opening ELA 2



Product picture, code: STCO22504F2

SUSPENSOR				Standard size
Size	Estim.volume	Height	Length	Art.No
	dl	cm	cm	
S	6	18	120	STCO22503
M	8	18	120	STCO22504
L	12	18	120	STCO22505
XL	14	18	120	STCO22506

Instructions on forming product codes, page 19.

**Product information:**

Suspensor for men's genital area edema.  
Adjustable Velcro fastening and straps.

Material:	Polyamide elastane knit, support band with velcro
Color:	Black
Pressure level:	Adjustable
Fastening:	Velcro fastening
Details:	Front edging: ELA 3 Straps: velcro straps



Product picture, code: STCOM21534F2

**Tip!** Can be used together with maternity support belt and bras



COMPRESSION™

**MATERNITY PANTS** Standard size

Size	Circumf.*	Product / Art.No			
	Pelvis (cm)	Thigh (cm)	Knee length	Calf length	Ankle length
XS	86 - 90	50,0 - 52,5	STCOM21512	STCOM21522	STCOM21532
S	91 - 95	53,0 - 56,0	STCOM21513	STCOM21523	STCOM21533
M	96 - 101	56,5 - 59,0	STCOM21514	STCOM21524	STCOM21534
L	102 - 110	59,5 - 62,0	STCOM21515	STCOM21525	STCOM21535
XL	111 - 121	62,5 - 65,0	STCOM21516	STCOM21526	STCOM21536
XXL	122 - 132	65,5 - 68,0	STCOM21517	STCOM21527	STCOM21537
XXXL	133 - 138	68,5 - 71,5	STCOM21518	STCOM21528	STCOM21538

**Product information:**

Maternity compression pants with room for a growing belly. Pants can be used for treatment of edema in lower limbs. Fits most bellies during second trimester, even through the third trimester.

Material:	Strong Stomach: Light
Colors by request:	Black, beige
Compression level:	Ccl II Midsection: light compression
Details:	Waist SIL 1 Leg opening ELA 2

Instructions on forming product codes, page 19.



Product picture, code: CO20603F6



Product picture, code: CO20603F1

LEG				Custom-made
Model	Product / Art.No			Additions
	Ankle-knee	Knee-thigh	Ankle-thigh	Waist strap
Adults	CO20601	CO20602	CO20603	A20B
Children	CO10601	CO10602	CO10603	A10B

Instructions on forming product codes, page 19.

**Product information:**

Ankle-thigh model with anatomical knee construction. Constructions made from medium material, when product is manufactured from strong material. Constructions made from strong material in classes III and above.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	None / hooks / zipper
By request:	Waist strap for thigh-high model: ELA 4 Strap always in the same color as fabric.
Details:	Upper edge SIL 4, upper edge in knee-high SIL 1, Lower edge ELA 2



Product picture, code:  
CO20639F4 A20B



Product picture, code:  
CO20629F4 AZ



Product picture, code:  
CO20619F4

STOCKING					Custom-made
Model	Toes	Product / Art.No			Additions
		Ankle-high	Knee-high	Thigh-high	
Adults	Closed	CO20619	CO20629	CO20639	A20B
Adults	Open	CO20618	CO20628	CO20638	A20B
Adults	Toe sock, closed	CO20619FG	CO20629FG	CO20639FG	A20B
Adults	Toe sock, open	CO20618FG	CO20628FG	CO20638FG	A20B
Children	Closed	CO10619	CO10629	CO10639	A10B
Children	Open	CO10618	CO10628	CO10638	A10B
Children	Toe sock, closed	CO10619FG	CO10629FG	CO10639FG	A10B
Children	Toe sock, open	CO10618FG	CO10628FG	CO10638FG	A10B

**Product information:**

Anatomical knee and ankle constructions. Constructions made from medium material, when product is manufactured from the strong material. Constructions made from strong material in classes III and above.

Recommended material: Strong, medium

Colors available: All

Fastening: None / hooks / zipper

By request: Waist strap for thigh-high model: ELA 4  
Strap always in the same color as fabric.

Details: Upper edge SIL 1, upper edge in thigh-high SIL 4, lower edge, tip open ELA 2.

Instructions on forming product codes, page 19.

FOOT GLOVE			Custom-made
Model	Toe tips	Art.No	
Adults	Closed	COA20T9	
Adults	Open	COA20T8	
Children	Closed	COA10T9	
Children	Open	COA10T8	

**Product information:**

For the treatment of foot or toes. Can be used by itself or e.g. with an open toe sock. (picture p.21)

Recommended material: Strong, medium

Colors available: All

Fastening: None

Details: None

**ADDITIONS FOR STOCKINGS,  
SEE PAGE 21**



Product picture, code: CO20303F1



Product picture, code: CO2031038F1



Product picture, code: CO2031138F1

<b>SLEEVE</b>				Custom-made
Model	Product / Art.No			
	Wrist-elbow	Elbow-axilla	Wrist-axilla	
Adults	CO20301	CO20302	CO20303	
Children	CO10301	CO10302	CO10303	

Instructions on forming product codes, page 19.

**Product information:**

Wrist-axilla model with anatomical elbow construction.

Recommended material: Strong, medium

Colors available: All

Fastening: None / models 1-3

Details: Upper edge SIL 1

Lower edge ELA 2

<b>SLEEVE GAUNTLET</b>					Custom-made
Model	Thumb	Product / Art.No			
		To elbow	To axilla		
Adults	Closed	CO2031019	CO2031039		
Adults	Open	CO2031018	CO2031038		
Children	Closed	CO1031019	CO1031039		
Children	Open	CO1031018	CO1031038		

**Product information:**

Axilla-length model with anatomical elbow construction. Anatomical construction in the thumb crotch.

Recommended material: Strong

Colors available: All

Fastening: None / models 1-3

Details: Upper edge SIL 1

Lower edge ELA 2

<b>SLEEVE GLOVE</b>					Custom-made
Model	Fingers	Product / Art.No			
		To elbow	To axilla		
Adults	Closed	CO2031119	CO2031139		
Adults	Open	CO2031118	CO2031138		
Children	Closed	CO1031119	CO1031139		
Children	Open	CO1031118	CO1031138		

**Product information:**

Axilla-length model with anatomical elbow construction. Anatomical construction between the fingers and in the thumb crotch.

Recommended material: Strong

Colors available: All

Fastening: None / models 1-3

Details: Upper edge SIL 1



**SLEEVE FASTENING 1**

Custom-made

Model Product / Art.No

**Model 1  
Shoulder flap**

Adults A20S1

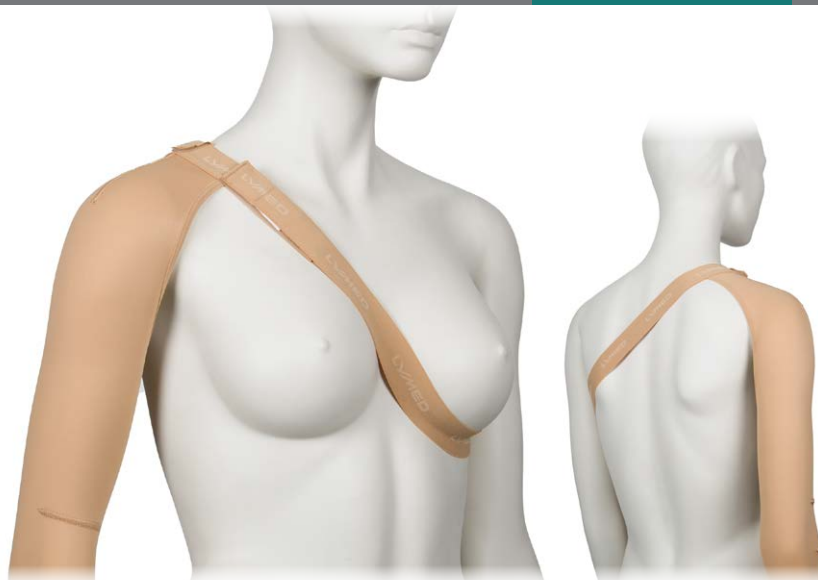
Children A10S1

**Product information:**

Elastic strap running under the breast to hold the sleeve up. Fastening with velcro. Suitable especially for users with large breasts. Available for all sleeves reaching up to axilla. Women's sleeve with a bra strap holder.

Material: ELA 1

Color: Same as sleeve



**SLEEVE FASTENING 2**

Custom-made

Model Product / Art.No

**Model 2  
Shoulder flap**

Adults A20S2

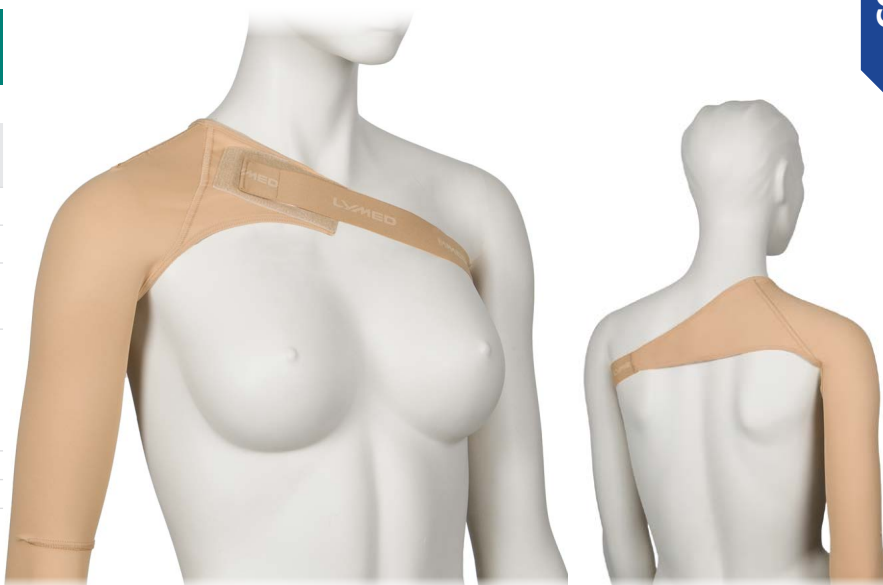
Children A10S2

**Product information:**

Elastic strap running under the axilla to hold the sleeve up. Fastening with velcro. Available for all sleeves reaching up to axilla.

Material: ELA 1

Color: Same as sleeve



**SLEEVE FASTENING 3**

Custom-made

Model Product / Art.No

**Model 3  
Opposite sleeve**

Adults A20S3

Children A10S3

**Product information:**

Short sleeve for the opposite arm to hold the therapeutic sleeve in place. Recommended when sleeve does not stay put or when treatment is needed in the axilla area. Opposite sleeve with the same compression as the ordered sleeve. Only by separate request: no pressure on the opposite sleeve. Light pressure on the bolero. Available for all sleeves reaching up to axilla.

Material: Same as sleeve

Color: Same as sleeve

Fastening: Hooks / zipper

Details: Neckline ELA 3

Hemline SIL 1

Edge of op. sleeve ELA 2





Product picture, code:  
CO203118F1 (Custom-made)  
STCO31184RF1 (Standard)



Product picture, code:  
CO203119F1 (Custom-made)  
STCOPR31194RF1 (Standard)



Product picture, code:  
CO203108F1 (Custom-made)  
STCO3104RF1 (Standard)

**GLOVE** Custom-made

Model	Product / Art.No	
	Fingertips closed	Fingertips open
Adults	CO203119	CO203118
Children	CO103119	CO103118

**Product information:** Instructions on forming product codes, page 19.

Anatomical construction between the fingers and in the thumb crotch (picture above). Number of dorsal seams in glove may vary due to individual measurements and pressure/compression levels.

Recommended material:	Strong
Colors available:	All
Fastening:	None / hooks / zipper
Details:	Wrist edging ELA 3

**GLOVE** Standard size

Size	Circumf.*	Product / Art.No			
		Fingertips closed	Fingertips open		
	cm	Right	Left	Right	Left
XXS	14 - 16	STCO31191R	STCO31191L	STCO31181R	STCO31181L
XS	17 - 18	STCO31192R	STCO31192L	STCO31182R	STCO31182L
S	19 - 20	STCO31193R	STCO31193L	STCO31183R	STCO31183L
M	21 - 22	STCO31194R	STCO31194L	STCO31184R	STCO31184L
L	23 - 24	STCO31195R	STCO31195L	STCO31185R	STCO31185L
XL	25 - 26	STCO31196R	STCO31196L	STCO31186R	STCO31186L
XXL	27 - 28	STCO31197R	STCO31197L	STCO31187R	STCO31187L

**Product information:**

Anatomical construction between the fingers.  
\*Circumference at MCP.

Material:	Strong
Colors:	Black, beige
Compression level:	Ccl II
Details:	Wrist edging ELA 3

**GAUNTLET** Custom-made

Model	Product / Art.No	
	Thumb closed	Thumb open
Adults	CO203109	CO203108
Children	CO103109	CO103108

**Product information:**

Anatomical construction in the thumb crotch (picture above).

Recommended material:	Strong
Colors available:	All
Fastening:	None / hooks / zipper
Details:	Wrist edging ELA 3 Palm edging ELA 2

**GAUNTLET** Standard size

Size	Circumf.*	Product / Art.No	
		Thumb open	
	cm	Right	Left
XXS	14 - 16	STCO3101R	STCO3101L
XS	17 - 18	STCO3102R	STCO3102L
S	19 - 20	STCO3103R	STCO3103L
M	21 - 22	STCO3104R	STCO3104L
L	23 - 24	STCO3105R	STCO3105L
XL	25 - 26	STCO3106R	STCO3106L
XXL	27 - 28	STCO3107R	STCO3107L

**Product information:**

Thumb tip open.  
\*Circumference at MCP.

Material:	Strong
Colors:	Black, beige
Compression level:	Ccl II
Details:	Wrist edging ELA 3 Palm edging ELA 2



Product picture, code:  
CO2011F1

Product picture, code:  
CO2012F1

**CHIN STRAP**

Custom-made

<i>Model</i>	<i>Product / Art.No</i>	
	<b>Ear area open</b>	<b>Ear area closed</b>
Adults	CO2011	CO2012
Children	CO1011	CO1012

Instructions on forming product codes, page 19.

**Product information:**

Velcro fastenings on the crown of the head and back of the neck.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	ELA 1 with velcro
Details:	Edging: ELA 3



Product picture, code:  
CO20138F1

Product picture, code:  
CO20139F1

**HELMET**

Custom-made

<i>Model</i>	<i>Product / Art.No</i>	
	<b>Face open</b>	<b>Face closed</b>
Adults	CO20138	CO20139
Children	CO10138	CO10139

Instructions on forming product codes, page 19.

**Product information:**

Close-faced model is used to hold e.g. care products in place. Can be used over face masks.

Openings for eyes, mouth and nose are cut when fitting the product: fit the helmet on and mark the places for openings. Remove the helmet and cut with scissors. Material does not unravel when cut.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Occipital hooks
Details:	Edging ELA 3



## SENSE™

### NEUROLOGICAL PRESSURE GARMENTS



Custom-made

Standard size

Lymed Sense™ garments are used in occupational and neurological physiotherapy to enhance proprioception of the body, body awareness and deep pressure input. Pressure garments are used, for example, in management of cerebral palsy (CP), autism, hypotonia, Erb's or serratus anterior palsy or other neurological conditions. Lymed Sense garments are also used to manage different types of pain disorders (e.g. CRPS).

Lymed Sense garments can be fully customized to meet the goals of client's treatment and to support client's everyday activities. Zippers, velcros, straps and splint or neoprene pockets are examples of additions which can be used to add comfort and functionality of the product.

To ensure product's safety, Lymed recommends to have a critical approach towards suitability of standard-sized products in client's treatment. According to literature, optimal benefits from pressure treatment cannot be achieved if the garment is too loose. On the other hand, too tight or an ill-fitting product may cause a negative effect. Lymed recommends that garments should be custom-made to sustain optimal pressure without causing tissue damage. The fit of the product should be monitored regularly.



Product picture, code:  
SEE10422F5

SENSE™

SCAPULA SUPPORT VEST				Custom-made
Model	Product / Art.No			Addition
	Long sleeves	Long and short sleeve	Short sleeves	Double scapula supp.
Women	SEE21433	SEE21423	SEE21422	SEE2
Men	SEE22433	SEE22423	SEE22422	SEE2
Children	SEE10433	SEE10423	SEE10422	SEE2

SCAPULA SUPPORT BODY					Custom-made
Model	Product / Art.No			Addition	Addition
	Long sleeves	Long and short sleeve	Short sleeves	Short legs	Double scapula supp.
Children	SEE104033	SEE104023	SEE104022	SEA10L	SEE2

Instructions on forming product codes, page 19.

**Product information:**

Can be used in treatment of Erb's palsy or Serratus anterior palsy. Straps constructed from elastane band. Adjustable and elastic strap and neoprene lining on shoulder area. Also available with double-sided support for both shoulder blades. Long-sleeved vest with anatomical elbow constructions. Axilla constructions made primarily from light material. Women's vest with anatomical breast construction.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	None / hooks
Can be ordered:	Zipper fastening with guard
Pressure level:	Light
Details:	Hemline SIL 1 Neckline ELA 3 Edge of sleeve ELA 2

**Product information:**

Can be used in treatment of Erb's palsy or Serratus anterior palsy. Straps constructed from elastane band. Adjustable and elastic strap and neoprene lining on shoulder area. Also available with double-sided support for both shoulder blades and short legs. Adjustable push-buttons at the crotch. Long-sleeved vest with anatomical elbow construction. Axilla construction made primarily from light material.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Hooks at the front, push-buttons at the crotch
Can be ordered:	Zipper fastening with guard
Pressure level:	Light
Details:	Neckline and leg opening ELA 3 Edge of sleeve ELA 2 Sleeveless model: edging ELA 3



Product picture, code: SE21422F1 AZ

**VEST**

Custom-made

Model Product / Art.No

	Sleeveless	Short sleeves	Long and short sleeve	Long sleeves
Women	SE21411	SE21422	SE21423	SE21433
Men	SE22411	SE22422	SE22423	SE22433
Children	SE10411	SE10422	SE10423	SE10433

Instructions on forming product codes, page 19.

Separate abdominal support available for midsection:  
please see product details from Lymed Skin -product group p.23

**Product information:**

Long-sleeved vest with anatomical elbow construction. Axilla construction primarily from light material.  
Women's vest with anatomical breast construction.  
Without request: manufactured with hooks

Recommended material: Strong, medium

Colors available: All

Fastening: None / hooks / zipper with guard

Details: Hemline SIL 1

Neckline ELA 3

Edge of sleeve ELA 2

Sleeveless model: edging ELA 3



Product picture, code:  
SE10453333F6

SENSE™

OVERALL		Custom-made
Model	Product / Art.No	
<b>Long sleeves and legs</b>		
Children	SE10453333	

**Product information:**

Legs with anatomical knee constructions. Long-sleeved overall with anatomical elbow constructions. Axilla construction made primarily from light material.

Recommended material:	Strong, medium
Colors available:	All
Fastening options:	Hooks / zipper with guard
Details:	Neckline ELA 3
	Leg opening ELA 2
	Edge of sleeve ELA 2

Instructions on forming product codes, page 19.



Product picture, code:  
SE104011F5

BODY					Custom-made
Model	Product / Art.No				Additions
	Sleeveless	Short sleeves	Long and short sleeve	Long sleeves	Short legs
Women	SE214011	SE214022	SE214023	SE214033	SEA21L
Children	SE104011	SE104022	SE104023	SE104033	SEA10L

Instructions on forming product codes, page 19.

**Product information:**

Long-sleeved body with anatomical elbow construction. Axilla construction primarily from light material. Adjustable push-buttons at the crotch. Basic model is shaped as high-cut brief, excluding legs. Women's body with anatomical breast construction.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	Hooks at the front, push-buttons at the crotch
Can be ordered:	Zipper fastening with guard
Details:	Neckline and leg opening ELA 3
	Edge of sleeve ELA 2
	Sleeveless model: edging ELA 3
	Short legs: edge of leg ELA 2





Product picture, code:  
STSE404F7

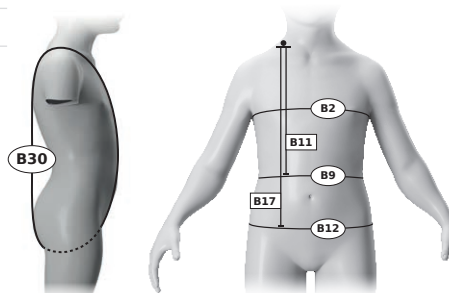
ADJUSTABLE BODY		Standard size
Size	Art.No	
<b>Short sleeves</b>		
1	STSE401	
2	STSE402	
3	STSE403	
4	STSE404	
5	STSE405	
6	STSE406	
7	STSE407	

**Product information:**

Adjustable body can be used in occupational and neurological physiotherapy. Different parts of the body can be activated by adjusting the Velcro straps. Adjustable push-buttons at the crotch. Medium material at the midsection and axilla for added comfort.

Material:	Strong and medium
Stock color:	Beige
Colors by request:	Black, white, grey, blue, red, green
Fastening:	Velcro at the back, push-buttons at the crotch
Pressure level:	Adjustable
Details:	Neckline and leg opening ELA 3 Edge of sleeve ELA 2

Instructions on forming product codes, page 19.



Sizes	Measurements (cm)					
	B30	B11	B17	B2	B9	B12
1	80 - 86	24	30	43	40	42
2	84 - 90	25	31	47	43	45
3	88 - 96	26	33	51	46	48
4	94 - 102	27	35	55	49	52
5	100 - 108	28,5	37	59	52	56
6	107 - 115	30	39	63	55	60
7	114 - 122	31,5	41	67	58	64



Product picture, code:  
SE22522F4

**PANTS**

Custom-made

Model Product / Art.No

	Short legs	Short and long leg	Short leg and leg with stocking	Long legs	Long leg and leg with stocking	Short leg and leg with foot glove, toes open	Short leg and leg with foot glove, toes closed	Long leg and leg with foot glove, toes open	Long leg and leg with foot glove, toes closed
Women	SE21522	SE21523	SE21524	SE21533	SE21534	SE21524FG8	SE21524FG9	SE21534FG8	SE21534FG9
Men	SE22522	SE22523	SE22524	SE22533	SE22534	SE22524FG8	SE22524FG9	SE22534FG8	SE22534FG9
Girls	SE11522	SE11523	SE11524	SE11533	SE11534	SE11524FG8	SE11524FG9	SE11534FG8	SE11534FG9
Boys	SE12522	SE12523	SE12524	SE12533	SE12534	SE12524FG8	SE12524FG9	SE12534FG8	SE12534FG9

**STOCKINGS**

Custom-made

Malli Product / Art.No

	Stockings	Stockings, one leg with foot glove, toes open	Stockings, one leg with foot glove, toes closed	Stockings with foot gloves, toes open	Stockings with foot gloves, toes closed
Women	SE21544	SE21544FG8	SE21544FG9	SE21544FG28	SE21544FG29
Men	SE22544	SE22544FG8	SE22544FG9	SE22544FG28	SE22544FG29
Girls	SE11544	SE11544FG8	SE11544FG9	SE11544FG28	SE11544FG29
Boys	SE12544	SE12544FG8	SE12544FG9	SE12544FG28	SE12544FG29

**Product information:**

Anatomical construction at the knee and ankle. Constructions from medium material when product is manufactured from strong material. Men's models with contouring at the front.

Recommended material:	Strong, medium
Colors available:	All
Details:	Waist ELA 1 Leg opening ELA 2

Instructions on forming product codes, page 19.



Product picture, code:  
SE20603F1



Product picture, code:  
SE10639F5



Product picture, code:  
SE10629F6

LEG		Custom-made			
Model	Product / Art.No			Additions	
	Ankle-knee	Knee-thigh	Ankle-thigh	Waist strap	
Adults	SE20601	SE20602	SE20603	A20B	
Children	SE10601	SE10602	SE10603	A10B	

Instructions on forming product codes, page 19.

**Product information:**

Ankle-thigh model with anatomical knee construction. Constructions made from medium material, when product is manufactured from strong material.

Recommended material: Strong, medium

Colors available: All

Fastening: None / hooks / zipper

By request: Waist strap for thigh-high ELA 4

Strap always in the same color as fabric.

Details: Knee-high: upper edge SIL 1  
Upper edge SIL 4, upper edge in knee-high SIL 1, lower edge ELA 2.

STOCKING		Custom-made			
Model	Toes	Product / Art.No			Additions
		Ankle-high	Knee-high	Thigh-high	Waist strap
Adults	Closed	SE20619	SE20629	SE20639	A20B
Adults	Open	SE20618	SE20628	SE20638	A20B
Adults	Toe sock, closed	SE20619FG	SE20629FG	SE20639FG	A20B
Adults	Toe sock, open	SE20618FG	SE20628FG	SE20638FG	A20B
Children	Closed	SE10619	SE10629	SE10639	A10B
Children	Open	SE10618	SE10628	SE10638	A10B
Children	Toe sock, closed	SE10619FG	SE10629FG	SE10639FG	A10B
Children	Toe sock, open	SE10618FG	SE10628FG	SE10638FG	A10B

**Product information:**

Anatomical knee and ankle constructions. Constructions made from medium material, when product is manufactured from strong material.

Recommended material: Strong, medium

Colors available: All

Fastening: None / hooks / zipper

Waist strap for thigh-high model ELA 4

Strap always in the same color as fabric.

Details: Upper edge SIL 1, upper-edge in thigh-high SIL 4, lower edge, tip open ELA 2.

**ADDITIONS FOR STOCKINGS,  
SEE PAGE 21**



Product picture, code: SE20303F1



Product picture, code: SE2031038F1



Product picture, code: SE2031138F1

**SLEEVE** Custom-made

Model	Product / Art.No		
	Wrist-elbow	Elbow-axilla	Wrist-axilla
Adults	SE20301	SE20302	SE20303
Children	SE10301	SE10302	SE10303

Instructions on forming product codes, page 19.

**Product information:**

Wrist-axilla model with anatomical elbow construction.
Recommended material: Strong, medium
Colors available: All
Fastening: None / models 1-3
Details: Upper edge SIL 1 Lower edge ELA 2

**SLEEVE GAUNTLET** Custom-made

Model	Thumb	Product / Art.No	
		To elbow	To axilla
Adults	Closed	SE2031019	SE2031039
Adults	Open	SE2031018	SE2031038
Children	Closed	SE1031019	SE1031039
Children	Open	SE1031018	SE1031038

**Product information:**

Axilla-length model with anatomical elbow construction. Anatomical construction in the thumb crotch.
Recommended material: Strong, medium
Colors available: All
Fastening: None / models 1-3
Details: Upper edge SIL 1 Lower edge ELA 2

**SLEEVE GLOVE** Custom-made

Model	Fingers	Product / Art.No	
		To elbow	To axilla
Adults	Closed	SE2031119	SE2031139
Adults	Open	SE2031118	SE2031138
Children	Closed	SE1031119	SE1031139
Children	Open	SE1031118	SE1031138

**Product information:**

Axilla-length model with anatomical elbow construction. Anatomical construction between the fingers and in the thumb crotch.
Recommended material: Strong, medium
Colors available: All
Fastening: None / models 1-3
Details: Upper edge SIL 1

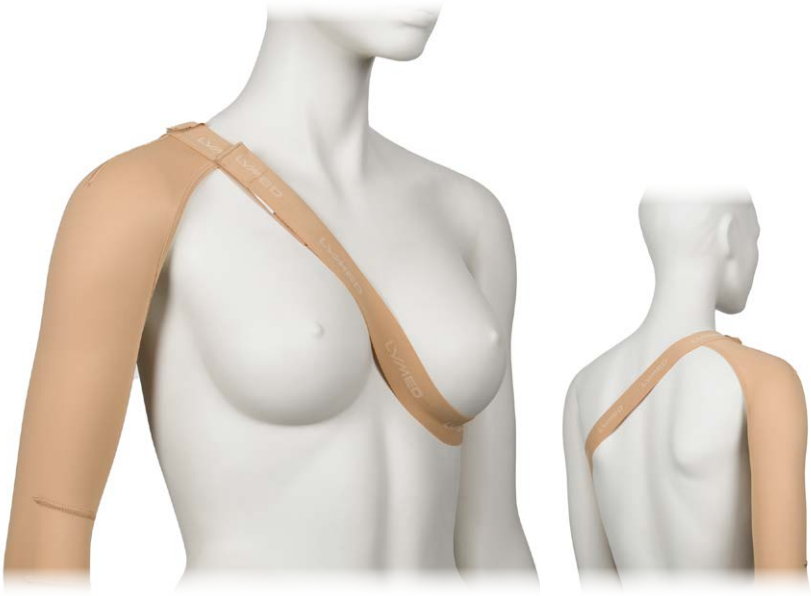
**SLEEVE FASTENING 1** Custom-made

Model	Product / Art.No
<b>Model 1 Shoulder flap</b>	
Adults	A20S1
Children	A10S1

**Product information:**

Elastic strap running under the breast to hold the sleeve up. Fastening with velcro. Suitable especially for users with large breasts. Available for all sleeves reaching up to axilla. Women's sleeve with a bra strap holder.

Material: ELA 1  
Color: Same as sleeve



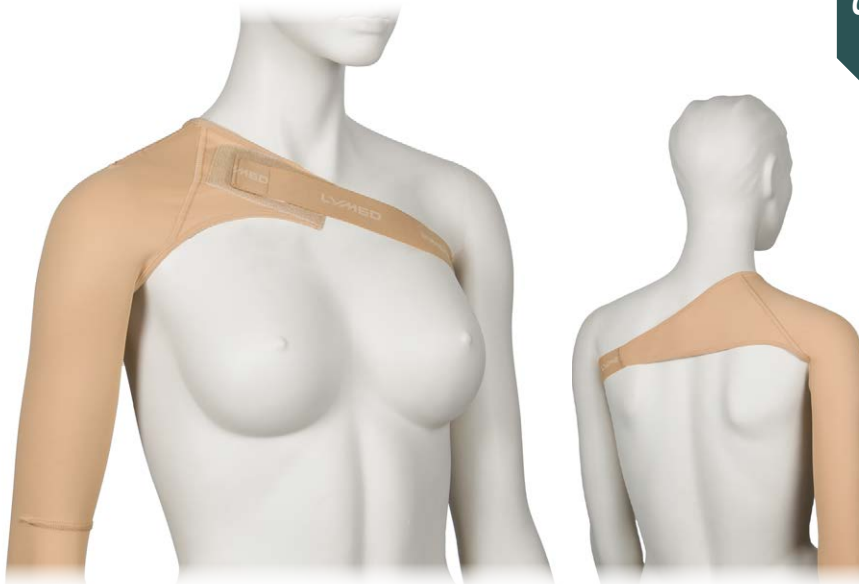
**SLEEVE FASTENING 2** Custom-made

Model	Product / Art.No
<b>Model 2 Shoulder flap</b>	
Adults	A20S2
Children	A10S2

**Product information:**

Elastic strap running under the axilla to hold the sleeve up. Fastening with velcro. Available for all sleeves reaching up to axilla.

Material: ELA 1  
Color: Same as sleeve



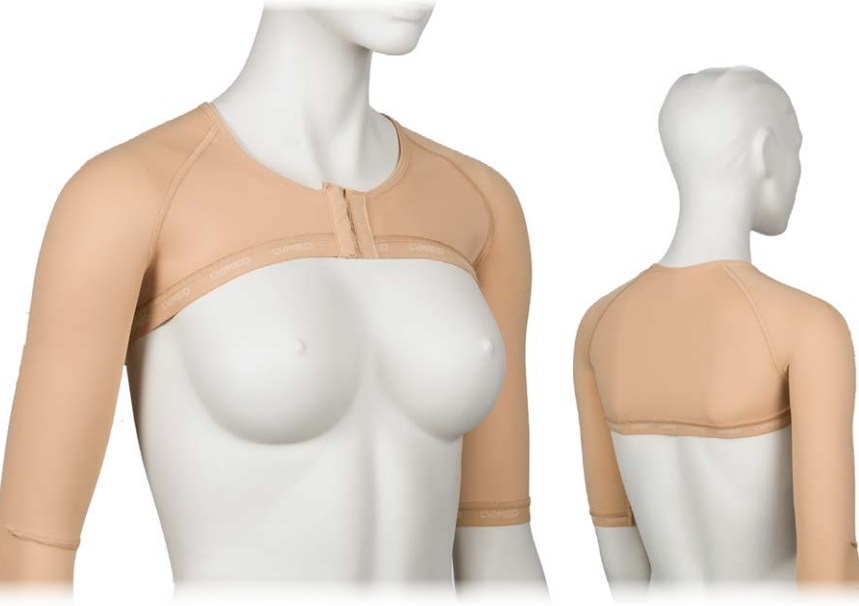
**SLEEVE FASTENING 3** Custom-made

Model	Product / Art.No
<b>Model 3 Opposite sleeve</b>	
Adults	A20S3
Children	A10S3

**Product information:**

Short sleeve for the opposite arm to hold the therapeutic sleeve in place. Recommended when sleeve does not stay put or when treatment is needed in the axilla area. Opposite sleeve with the same pressure as the ordered sleeve. Only by separate request: no pressure on the opposite sleeve. Light pressure on the bolero. Available for all sleeves reaching up to axilla.

Material: Same as sleeve  
Color: Same as sleeve  
Fastening: Hooks / zipper  
Details: Neckline ELA 3  
Hemline SIL 1  
Edge of op. sleeve ELA 2





Product picture, code:  
SE203119F1



Product picture, code:  
SE203118F1



Product picture, code:  
SE203108F1

**GLOVE** Custom-made

Model	Product / Art.No	
	Fingertips closed	Fingertips open
Adults	SE203119	SE203118
Children	SE103119	SE103118

Instructions on forming product codes, page 19.

**Product information:**

Anatomical construction between the fingers and in the thumb crotch. Number of dorsal seams in glove may vary due to individual measurements and pressure/compression levels.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	None / hooks / zipper
Details:	Wrist edging ELA 3

**GAUNTLET** Custom-made

Model	Product / Art.No	
	Thumb closed	Thumb open
Adults	SE203109	SE203108
Children	SE103109	SE103108

**Product information:**

Anatomical construction in the thumb crotch.

Recommended material:	Strong, medium
Colors available:	All
Fastening:	None / hooks / zipper
Details:	Wrist edging ELA 3 Palm edging ELA 2



Product picture, code: STSE3115LF7



Product picture, code: STSE3133RF1

**GLOVE WITH SPLINT POCKET** Standard size

Size	Product / Art.No	
	Right	Left
1	STSE3111R	STSE3111L
2	STSE3112R	STSE3112L
3	STSE3113R	STSE3113L
4	STSE3114R	STSE3114L
5	STSE3115R	STSE3115L
6	STSE3116R	STSE3116L
7	STSE3117R	STSE3117L
8	STSE3118R	STSE3118L
9	STSE3119R	STSE3119L
10	STSE31110R	STSE31110L

**GAUNTLET WITH SPLINT POCKET** Standard size

Size	Product / Art.No	
	Right	Left
1	STSE3101R	STSE3101L
2	STSE3102R	STSE3102L
3	STSE3103R	STSE3103L
4	STSE3104R	STSE3104L
5	STSE3105R	STSE3105L
6	STSE3106R	STSE3106L
7	STSE3107R	STSE3107L
8	STSE3108R	STSE3108L
9	STSE3109R	STSE3109L
10	STSE31010R	STSE31010L

**CI GLOVE** Standard size

Size	Circumf.*	Product / Art.No	
	cm	Right	Left
1	12,0 - 13,5	STSE3131R	STSE3131L
2	13,5 - 15,0	STSE3132R	STSE3132L
3	15,0 - 16,5	STSE3133R	STSE3133L
4	16,5 - 18,0	STSE3134R	STSE3134L
5	18,0 - 19,5	STSE3135R	STSE3135L

Instructions on forming product codes, page 19.

**Product information:**

Sense glove (pictures) and gauntlet include a zipper and a pocket for optional splint or other reinforcements. The product is used in different tonus deficiencies or hemiplegia.

Glove with open fingertips. Gauntlet with open thumb tip.

Material:	Strong
Colors by request:	All
Fastening:	Zipper
Pressure level:	15 - 21 mmHg
Details:	Wrist edging ELA 3

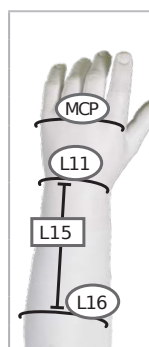
**Product information:**

Used in constrain-included movement therapy, for the healthy hand.

\*Circumference at MCP.

Material:	Strong
Color by request:	Beige
Pressure level:	No pressure
Details:	Wrist edging ELA 3

Sizes	Measurements (cm)			
	MCP	L11	L16	L15
1	11	10,5	14	6
2	12	11	14,5	6
3	13	11,5	15,5	8,5
4	14	12	16	8,5
5	15	12,5	16,5	9
6	16	13,5	17	9
7	17	14,5	17,5	10
8	18	16	18,5	11
9	19	16,5	20	11
10	20	17,5	23	12



Helmets and chin straps available, please see details from Lymed Skin product group p. 34-35.



# INTERIM & LIGHT™

## INTERIM CARE AND LIGHT PRESSURE GARMENTS



### Standard size

Lymed Interim & Light™ garments are standard-sized products with light even pressure. Interim & Light garments are mostly used in the beginning of burn treatment when actual pressure treatment is too early to start due to open wounds or acclimatization to the pressure. Garments can reach theoretical pressure of 10-18 mmHg which is proven to be beneficial in prevention of hypertrophic scars. Pressure level can be slightly affected with the selection of size. Products are intended for short-term use prior to custom-made garments.

Lymed Interim & Light garments also provide an easy alternative to custom-made garments in pain

treatment. Pressure garments acts as a stimulation treatment in pain management of e.g. CRPS patients.

To ensure product's safety, Lymed recommends to have a critical approach towards suitability of standard-sized products in client's treatment. According to literature, optimal benefits from pressure treatment cannot be achieved if the garment is too loose. On the other hand, too tight or an ill-fitting product may cause a negative effect. Lymed recommends that garments should be custom-made to sustain optimal pressure without causing tissue damage. The fit of the product should be monitored regularly.





Product picture, code: STIN224226F1H



Product picture, code: STIN214226F1H



Product picture, code: STIN104226F1H

**MEN'S VEST** Standard size

Size	Circumf.*	Product / Art.No	
	cm	Short sleeves	Long sleeves
1	81 - 84	STIN224221	STIN224331
2	85 - 88	STIN224222	STIN224332
3	89 - 92	STIN224223	STIN224333
4	93 - 96	STIN224224	STIN224334
5	97 - 100	STIN224225	STIN224335
6	101 - 104	STIN224226	STIN224336
7	105 - 108	STIN224227	STIN224337
8	109 - 112	STIN224228	STIN224338
9	113 - 116	STIN224229	STIN224339
10	117 - 120	STIN2242210	STIN2243310

**WOMEN'S VEST** Standard size

Size	Circumf.*	Product / Art.No	
	cm	Short sleeves	Long sleeves
1	76 - 80	STIN214221	STIN214331
2	81 - 84	STIN214222	STIN214332
3	85 - 88	STIN214223	STIN214333
4	89 - 92	STIN214224	STIN214334
5	93 - 96	STIN214225	STIN214335
6	97 - 100	STIN214226	STIN214336
7	101 - 104	STIN214227	STIN214337
8	105 - 108	STIN214228	STIN214338
9	109 - 112	STIN214229	STIN214339
10	113 - 116	STIN2142210	STIN2143310
11	117 - 119	STIN2142211	STIN2143311

**CHILDREN'S VEST** Standard size

Size	Circumf.*	Product / Art.No	
	cm	Short sleeves	Long sleeves
1	43 - 45	STIN104221	STIN104331
2	46 - 49	STIN104222	STIN104332
3	50 - 54	STIN104223	STIN104333
4	55 - 59	STIN104224	STIN104334
5	60 - 63	STIN104225	STIN104335
6	64 - 67	STIN104226	STIN104336
7	68 - 71	STIN104227	STIN104337
8	72 - 75	STIN104228	STIN104338
9	76 - 79	STIN104229	STIN104339
10	80 - 83	STIN1042210	STIN1043310

Instructions on forming product codes, page 19.

**Product information:**

Short or long sleeved model with long hemline reaching down to the pelvis. Women's vest with anatomical breast construction.

\*Circumference of chest under axillae, above breasts.

Material:	Light
Stock model:	Short sleeves
Model by request:	Long sleeves
Stock colors:	Black, beige
Fastening:	Hooks
Can be ordered:	Zipper fastening with guard
Pressure level:	10 - 18 mmHg
Details:	Neckline ELA 3, hemline SIL 1, edge of sleeve ELA 2



Product picture, code: STIN225336F1



Product picture, code: STIN215336F1



Product picture, code: STIN105336F1

**MEN'S PANTS**

Standard size

Size Circumf.\* Product / Art.No

	cm	Short legs	Long legs
1	87 - 92	STIN225221	STIN225331
2	93 - 96	STIN225222	STIN225332
3	97 - 100	STIN225223	STIN225333
4	101 - 104	STIN225224	STIN225334
5	105 - 108	STIN225225	STIN225335
6	109 - 112	STIN225226	STIN225336
7	113 - 116	STIN225227	STIN225337
8	117 - 120	STIN225228	STIN225338
9	121 - 124	STIN225229	STIN225339
10	125 - 128	STIN2252210	STIN2253310

**WOMEN'S PANTS**

Standard size

Size Circumf.\* Product / Art.No

	cm	Short legs	Long legs
1	87 - 91	STIN215221	STIN215331
2	92 - 95	STIN215222	STIN215332
3	96 - 99	STIN215223	STIN215333
4	100 - 103	STIN215224	STIN215334
5	104 - 107	STIN215225	STIN215335
6	108 - 111	STIN215226	STIN215336
7	112 - 115	STIN215227	STIN215337
8	116 - 119	STIN215228	STIN215338
9	120 - 123	STIN215229	STIN215339
10	124 - 127	STIN2152210	STIN2153310

**CHILDREN'S PANTS**

Standard size

Size Circumf.\* Product / Art. No

	cm	Short legs	Long legs
1	47 - 50	STIN105221	STIN105331
2	51 - 54	STIN105222	STIN105332
3	55 - 58	STIN105223	STIN105333
4	59 - 61	STIN105224	STIN105334
5	62 - 66	STIN105225	STIN105335
6	67 - 70	STIN105226	STIN105336
7	71 - 74	STIN105227	STIN105337
8	75 - 78	STIN105228	STIN105338
9	79 - 82	STIN105229	STIN105339
10	83 - 86	STIN1052210	STIN1053310

Instructions on forming product codes, page 19.

**Product information:**

Normal waist. Men's models with contouring in the front.

\*Circumference at widest point of pelvis.

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Details:	Waist: ELA 1
	Leg opening ELA 2



Product picture, code:  
STIN2031194RF1



Product picture, code:  
STIN2031184RF1

**ADULT'S GLOVE**

Standard size

Size Circumf.\* Product / Art.No

	cm	Fingertips closed right	Fingertips closed left	Fingertips open right	Fingertips open left
1	13 - 14	STIN2031191R	STIN2031191L	STIN2031181R	STIN2031181L
2	15 - 16	STIN2031192R	STIN2031192L	STIN2031182R	STIN2031182L
3	17 - 18	STIN2031193R	STIN2031193L	STIN2031183R	STIN2031183L
4	19 - 20	STIN2031194R	STIN2031194L	STIN2031184R	STIN2031184L
5	21 - 22	STIN2031195R	STIN2031195L	STIN2031185R	STIN2031185L
6	23 - 24	STIN2031196R	STIN2031196L	STIN2031186R	STIN2031186L
7	25 - 26	STIN2031197R	STIN2031197L	STIN2031187R	STIN2031187L
8	27 - 28	STIN2031198R	STIN2031198L	STIN2031188R	STIN2031188L

**CHILDREN'S GLOVE**

Standard size

Size Circumf.\* Product / Art.No

	cm	Fingertips closed right	Fingertips closed left
1	10 - 11	STIN1031191R	STIN1031191L
2	12 - 13	STIN1031192R	STIN1031192L
	cm	Fingertips open right	Fingertips open left
1	10 - 11	STIN1031181R	STIN1031181L
2	12 - 13	STIN1031182R	STIN1031182L

Instructions on forming product codes, page 19.

**Product information:**

Anatomical construction between the fingers.

\*Circumference at MCP.

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Details:	Wrist edging ELA 3



ADULT'S SLEEVE		Standard size
Size	Circumf.*	Art.No
cm		
1	18 - 20	STIN20301
2	20 - 22	STIN20302
3	22 - 24	STIN20303
4	24 - 26	STIN20304
5	26 - 28	STIN20305
6	28 - 30	STIN20306
7	30 - 32	STIN20307
8	32 - 34	STIN20308
9	34 - 36	STIN20309
10	36 - 38	STIN203010
11	38 - 40	STIN203011

Instructions on forming product codes, page 19.

**Product information:**

Sleeve length in size 6: 43,5 cm.

*\*Circumference at widest point of upper arm.*

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Details:	Upper edge SIL 2 Lower edge ELA 2

CHILDREN'S SLEEVE		Standard size
Size	Circumf.*	Art.No
cm		
1	10 - 12	STIN10301
2	12 - 14	STIN10302
3	14 - 16	STIN10303
4	16 - 18	STIN10304
5	18 - 20	STIN10305

Instructions on forming product codes, page 19.

**Product information:**

Sleeve length in size 3: 26,5 cm

*\*Circumference at widest point of upper arm.*

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Details:	Upper edge SIL 2 Lower edge ELA 3

Product picture, code: STIN20305F1



Product picture, code: STIN20692F1



Product picture, code: STIN20682F1

**ADULT'S STOCKING**

Standard size

Size	Circumf.*	Shoe size	Product / Art.No
	<b>cm</b>	<b>EU</b>	<b>Toes closed</b>
1	28 - 32	35 - 38	STIN20691
2	33 - 37	38 - 40	STIN20692
3	38 - 42	40 - 43	STIN20693
4	43 - 46	43 - 46	STIN20694
	<b>cm</b>		<b>Toes open</b>
1	28 - 32		STIN20681
2	33 - 37		STIN20682
3	38 - 42		STIN20683
4	43 - 46		STIN20684

**Product information:**

\*Circumference of widest point of calf.

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Details:	Upper edge SIL 2
	Edging, tip open ELA 2

**CHILDREN'S STOCKING**

Standard size

Size	Circumf.*	Shoe size	Product / Art.No
	<b>cm</b>	<b>EU</b>	<b>Toes closed</b>
1	16 - 19	23 - 26	STIN10691
2	20 - 23	26 - 31	STIN10692
3	24 - 27	31 - 36	STIN10693
	<b>cm</b>		<b>Toes open</b>
1	16 - 19		STIN10681
2	20 - 23		STIN10682
3	24 - 27		STIN10683

Instructions on forming product codes, page 19.

**Product information:**

\*Circumference of widest point of calf.

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Details:	Upper edge SIL 2
	Edging, tip open ELA 2



Product picture, code: STIN1383F1

**CHIN STRAP**

Standard size

Size	Circumf.*	Art.No
cm		
1	47 - 50	STIN1381
2	51 - 53	STIN1382
3	54 - 56	STIN1383
4	57 - 59	STIN1384
5	60 - 62	STIN1385

Instructions on forming product codes, page 19.

**Product information:**

Velcro fastening in the back

\*Circumference of the head.

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Fastening:	Velcro in the back
Details:	Edges: overlocking stitch



Product picture, code: STIN1393F1

**HELMET**

Standard size

Size	Circumf.*	Art.No
cm		
1	47 - 50	STIN1391
2	51 - 53	STIN1392
3	54 - 56	STIN1393
4	57 - 59	STIN1394
5	60 - 62	STIN1395

Instructions on forming product codes, page 19.

**Product information:**

Face closed.  
Openings for eyes, mouth and nose are cut when fitting the product: fit the helmet on and mark the places for openings. Remove the helmet and cut with scissors. Material does not unravel when cut.

\*Circumference of the head.

Material:	Light
Stock colors:	Black, beige
Pressure level:	10 - 18 mmHg
Fastening:	Occipital hooks
Details:	Edges: overlocking stitch



# POST-OPERATION™

## POST-OPERATIONAL SUPPORT GARMENTS



Standard size

Lymed Post-Operation™ products are standard-sized products which are used in the after care of different surgeries to remove and prevent swelling, bruising and alleviate the pain in the operated area. The compression and pressure treatment supports rehabilitation by helping to regain mobility.

Multiple sources indicate that pressure treatment supports healing by removing excess fluids from the area and preventing edema after the surgery. Garments are also used to ensure the attachment of the operated tissue. Common examples of use are aftercare of liposuction and operations of face,

breasts or midsection.

To ensure product's safety, Lymed recommends to have a critical approach towards suitability of standard-sized products in client's treatment.

According to literature, optimal benefits from pressure treatment cannot be achieved if the garment is too loose. On the other hand, too tight or an ill-fitting product may cause a negative effect. Lymed recommends that garments should be custom-made to sustain optimal pressure without causing tissue damage. The fit of the product should be monitored regularly.



Product picture, code:  
STPOP21535HWF2C



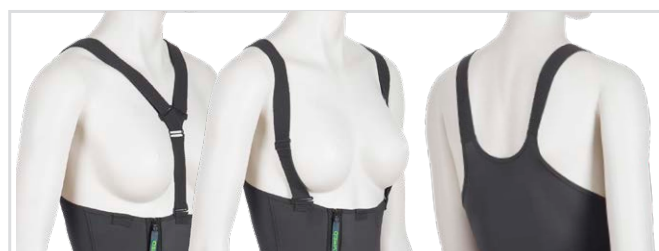
Product picture, code:  
STPOP21525HWF2C



Product picture, code:  
STPOP21515HWF2C



Product picture, code:  
STPOP21505HWF2C



Ways to wear shoulder straps

**PANTS FOR WOMEN | HIGH WAIST**

Standard size

Size	Circumf.*	Product / Art.No				
	Pelvis cm	Thigh cm	Ankle length	Calf length	Knee length	Short length
XS	86 - 90	50,0 - 53,0	STPOP21532HW	STPOP21522HW	STPOP21512HW	STPOP21502HW
S	91 - 95	53,5 - 56,0	STPOP21533HW	STPOP21523HW	STPOP21513HW	STPOP21503HW
M	96 - 101	56,5 - 59,5	STPOP21534HW	STPOP21524HW	STPOP21514HW	STPOP21504HW
L	102 - 110	60,0 - 62,5	STPOP21535HW	STPOP21525HW	STPOP21515HW	STPOP21505HW
XL	111 - 121	63,0 - 66,0	STPOP21536HW	STPOP21526HW	STPOP21516HW	STPOP21506HW
XXL	122 - 132	66,5 - 69,0	STPOP21537HW	STPOP21527HW	STPOP21517HW	STPOP21507HW
XXXL	133 - 138	69,5 - 71,5	STPOP21538HW	STPOP21528HW	STPOP21518HW	STPOP21508HW
XXXXL	139 - 144	72,0 - 74,5	STPOP21539HW	STPOP21529HW	STPOP21519HW	STPOP21509HW

**Product information:**

Women's pants for post-operational care.  
Suitable also for recovery after child birth.

High waist and double fabric in midsection. Genital area open or closed.  
Without choice in the order, product will be delivered with genital area closed.

Adjustable elastane shoulder straps. Non-detachable shoulder straps, clips in the front. Comes with an add-on for connecting the straps at the front.

\*Circumference at widest point of pelvis and upper thigh.

Instructions on forming product codes, page 19.

Material:	Medium
Stock color:	Black
Color by request:	Beige
Pressure level:	23 - 30 mmHg
Fastening:	Zipper with guard and hooks on the side of pelvis. Shoulder straps
Can be ordered:	Genital area open
Details:	Waist ELA 3 Leg opening ELA 2





Product picture, code:  
STPOP21535F2ZC



Product picture, code:  
STPOP21525F2ZC



Product picture, code:  
STPOP21515F2ZC

**PANTS FOR WOMEN | NORMAL WAIST**

Standard size

Size	Circumf.*		Product / Art.No		
	Pelvis cm	Thigh cm	Ankle length	Calf length	Knee length
XS	86 - 90	50,0 - 53,0	STPOP21532	STPOP21522	STPOP21512
S	91 - 95	53,5 - 56,0	STPOP21533	STPOP21523	STPOP21513
M	96 - 101	56,5 - 59,5	STPOP21534	STPOP21524	STPOP21514
L	102 - 110	60,0 - 62,5	STPOP21535	STPOP21525	STPOP21515
XL	111 - 121	63,0 - 66,0	STPOP21536	STPOP21526	STPOP21516
XXL	122 - 132	66,5 - 69,0	STPOP21537	STPOP21527	STPOP21517
XXXL	133 - 138	69,5 - 71,5	STPOP21538	STPOP21528	STPOP21518
XXXXL	139 - 144	72,0 - 74,5	STPOP21539	STPOP21529	STPOP21519

Instructions on forming product codes, page 19.

**Product information:**

Women's pants for post-operational care.

Normal waist. Genital area open or closed. Without choice in the order, product will be delivered with genital area closed.

\*Circumference at widest point of pelvis and upper thigh.

Material:	Medium
Stock color:	Black
Color by request:	Beige
Pressure level:	23 - 30 mmHg
Fastening:	Zipper with guard and hooks on the side of pelvis.
Can be ordered:	Genital area open
Details:	Waist SIL 1
	Leg opening ELA 2



Product picture, code:  
STPOP2244F2

VEST FOR MEN		Standard size
Size	Circumf.*	Art.No
cm		
XXS	80 - 84	STPOP2241
XS	85 - 90	STPOP2242
S	91 - 95	STPOP2243
M	96 - 101	STPOP2244
L	102 - 107	STPOP2245
XL	108 - 113	STPOP2246
XXL	114 - 119	STPOP2247

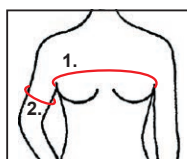
**Product information:**

Men's pressure vest for post-operational care and gynecomastia.

\*Circumference of chest under axillae.

Material:	Medium
Stock color:	Black
Color by request:	Beige
Pressure level:	23 - 30 mmHg
Fastening:	Hooks at the front
Details:	Hemline SIL 1
	Neckline and armholes ELA 3

Instructions on forming product codes, page 19.



Product picture, code: STPOP2134F1

**SLEEVES FOR WOMEN**

Standard size

Size	Circumf. 1*	Circumf. 2*	Art.No
	cm	cm	
XS	76 - 84	24,0 - 26,0	STPOP2132
S	85 - 92	26,5 - 28,5	STPOP2133
M	93 - 100	29,0 - 31,0	STPOP2134
L	101 - 107	31,5 - 33,5	STPOP2135
XL	108 - 114	34,0 - 36,0	STPOP2136
XXL	115 - 124	36,5 - 38,5	STPOP2137

Instructions on forming product codes, page 19.

**Product information:**

Women's pressure sleeves for post-operational care. Anatomical elbow construction.

\*Circumference 1 under axillae, above breasts.

\*Circumference 2 at widest point of upper arm.

Material:	Sleeves: medium Bodice: light
Stock color:	Black
Color by request:	Beige
Pressure level:	23 - 30 mmHg in sleeves No pressure in torso
Fastening:	Hooks at the front
Details:	Hemline ELA 1 Neckline ELA 3 Edge of sleeve ELA 2



Product picture, code: STPOP714F3

**BRA | LIGHT SUPPORT**

Standard size

Size	Circumf.*	Product / Art.No			
	cm	Two cups	Prosthesis pocket, right	Prosthesis pocket, left	Prosthesis pocket, both
XS	70 - 75	STPOP712	STPOP712PR	STPOP712PL	STPOP712PP
S	73 - 78	STPOP713	STPOP713PR	STPOP713PL	STPOP713PP
M	76 - 83	STPOP714	STPOP714PR	STPOP714PL	STPOP714PP
L	81 - 88	STPOP715	STPOP715PR	STPOP715PL	STPOP715PP
XL	86 - 93	STPOP716	STPOP716PR	STPOP716PL	STPOP716PP
XXL	91 - 98	STPOP717	STPOP717PR	STPOP717PL	STPOP717PP
<b>Non-stock products</b>					

Instructions on forming product codes, page 19.

**Product information:**

Light support bra can be used right after operations to hold the bindings in place. Soft and light material. Adjustable straps, which can be opened, enable treatment and changing of bindings without taking the bra off. Velcro fastening at the back for easier donning.

Basic model with two cups.  
Available with one or two pockets for prosthesis.

\*Circumference at the chest below the breasts.

Material:	Light
Stock colors in basic models:	Black, white
Colors by request in other models:	Black, white
Pressure level:	No pressure
Fastening:	Straps, width 3 cm Velcro at the back, width 7 cm
Details:	Lower end ELA 1 Edging ELA 3



Product picture, code: STPOP724F3

**BRA | MEDIUM SUPPORT**

Standard size

Size	Circumf.*	Product / Art.No			
	cm	Two cups	Prosthesis pocket, right	Prosthesis pocket, left	Prosthesis pocket, both
XS	70 - 75	STPOP722	STPOP722PR	STPOP722PL	STPOP722PP
S	73 - 78	STPOP723	STPOP723PR	STPOP723PL	STPOP723PP
M	76 - 83	STPOP724	STPOP724PR	STPOP724PL	STPOP724PP
L	81 - 88	STPOP725	STPOP725PR	STPOP725PL	STPOP725PP
XL	86 - 93	STPOP726	STPOP726PR	STPOP726PL	STPOP726PP
XXL	91 - 98	STPOP727	STPOP727PR	STPOP727PL	STPOP727PP

**Non-stock products**

Instructions on forming product codes, page 19.

**Product information:**

Medium support bra can be used right after operations to hold the bindings in place. Soft, medium material. A bit stronger than the light support bra. Adjustable straps, which can be opened, enable treatment and changing of bindings without taking the bra off. Velcro fastening at the back for easier donning.

Basic model with two cups.  
Available with one or two pockets for prosthesis.

\*Circumference at the chest below the breasts.

Material:	Medium
Stock colors in basic models:	Black, white
Colors by request in other models:	Black, white
Pressure level:	No pressure
Fastening:	Straps, width 3 cm Velcro at the back, width 7 cm
Details:	Lower end ELA 1 Edging ELA 3



Product picture, code: STPOP7380DF3H

**BRA | SHORT  
STRONG SUPPORT**

Standard size

Circumf.*	Cup size	Art.No
cm		
65 - 69	A / B / C / D / E / F / G	STPOP7365
70 - 74	A / B / C / D / E / F / G	STPOP7370
75 - 79	A / B / C / D / E / F / G	STPOP7375
80 - 84	A / B / C / D / E / F / G	STPOP7380
85 - 89	A / B / C / D / E / F / G	STPOP7385
90 - 94	A / B / C / D / E / F / G	STPOP7390
95 - 99	A / B / C / D / E / F / G	STPOP7395
100 - 104	A / B / C / D / E / F / G	STPOP73100

Instructions on forming product codes, page 19.

**Product information:**

Strong support bra is meant to shape and support the breasts after surgery. Can be also used to hold the bindings in place or as a breastfeeding bra. Stock fastening: hooks at the front and supporting panel at the back. Adjustable straps can be opened.

Also available with built-in silicone band above the breasts for aftercare of breast reconstructions (art.no. ASIB, width 5 cm).

\*Circumference at the chest below the breasts.

Material:	Strong
Colors:	Black, white
Pressure level:	No pressure
Fastening:	Straps (width 3 cm), hooks
Can be ordered:	Zipper fastening with guard
Details:	Lower end ELA 1
	Edging ELA 3



Product picture, code: STPOP7480DF3Z

**BRA | LONG  
STRONG SUPPORT**

Standard size

Circumf.*	Cup size	Art.No
<b>cm</b>		
65 - 69	A / B / C / D / E / F / G	STPOP7465
70 - 74	A / B / C / D / E / F / G	STPOP7470
75 - 79	A / B / C / D / E / F / G	STPOP7475
80 - 84	A / B / C / D / E / F / G	STPOP7480
85 - 89	A / B / C / D / E / F / G	STPOP7485
90 - 94	A / B / C / D / E / F / G	STPOP7490
95 - 99	A / B / C / D / E / F / G	STPOP7495
100 - 104	A / B / C / D / E / F / G	STPOP74100

Instructions on forming product codes, page 19.

**Product information:**

Strong support bra is meant to shape and support the breasts after surgery. The long model is suitable especially for women with larger breasts. Can be also used to hold the bindings in place or as a breastfeeding bra. Stock fastening: zipper with assistive hooks at the front and supporting panel at the back. Adjustable straps can be opened.

Also available with built-in silicone band above the breasts for aftercare of breast reconstructions (art.no. ASIB, width 5 cm).

\*Circumference at the chest below the breasts.

Material:	Strong
Colors:	Black, white
Pressure level:	No pressure
Fastening:	Straps (width 3 cm), zipper with guard
Can be ordered:	Hook fastening
Details:	Lower end ELA 1
	Edging ELA 3



**S-SHAPED BREAST WRAP**

Standard size

Size	Circumf.*	Art.No
cm		
XS	60 - 75	STPOP752
S	70 - 90	STPOP753
M	85 - 105	STPOP754

Instructions on forming product codes, page 19.

**Product information:**

S-shape band to support the breasts in the aftercare of breast reconstructions. Intended to be worn on top of the bra to provide extra support after surgery. Can be used with strong support bra (see previous page).

Separate band enables the use of the products separately.

Fabric on the sides, adjustable velcro fastening at the front and back. Height of the product is 8 cm from the front.

*\*Circumference above the breasts.*

Material:	Strong, facial support band
Stock color:	White
Pressure level:	Adjustable
Fastening:	Velcro
Details:	Upper and lower edge ELA 3

Product picture, code: STPOP753F3





**LIGHT ABDOMINAL BAND**

Standard size

<i>Prod.length</i>	<i>Height</i>	<i>Art.No</i>
<b>cm</b>	<b>cm</b>	
100	18	STPOP4042100
120	18	STPOP4042120
140	18	STPOP4042140

Instructions on forming product codes, page 19.

**Product information:**

Fully adjustable abdominal band that can be tightened to any circumference. The abdominal band has a two-part velcro fastening that grips to the product. Material is see-through and breathable. The thin abdominal band can be worn under or on clothing. Choose band length based on circumference.

Material:	Velcro support band
Color:	Black
Pressure level:	Adjustable
Fastening:	Velcro

Product picture, code: STPOP4042100F2



Product picture, code: STPOP403180F1



Product picture, code: STPOP403380F1

**STRONG ABDOMINAL BAND**

Standard size

<i>Prod.length</i>	<i>Height</i>	<i>Art.No</i>
<b>cm</b>	<b>cm</b>	
80	16	STPOP403180
100	16	STPOP4031100
120	16	STPOP4031120
140	16	STPOP4031140
80	26	STPOP403380
100	26	STPOP4033100
120	26	STPOP4033120
140	26	STPOP4033140

Instructions on forming product codes, page 19.

**Product information:**

Strong elastic support band can be used as a light back support or a light hernia belt.  
Adjustable velcro fastening matching the height of the band.  
Choose band length based on circumference.  
Narrowest band: choose a shorter band.

Material:	Strong support band polyamide 86 %, elasthane 9 %, polypropylene 5 %
Color:	Beige
Pressure level:	Adjustable
Fastening:	Velcro

**MATERNITY SUPPORT BELT**

Standard size

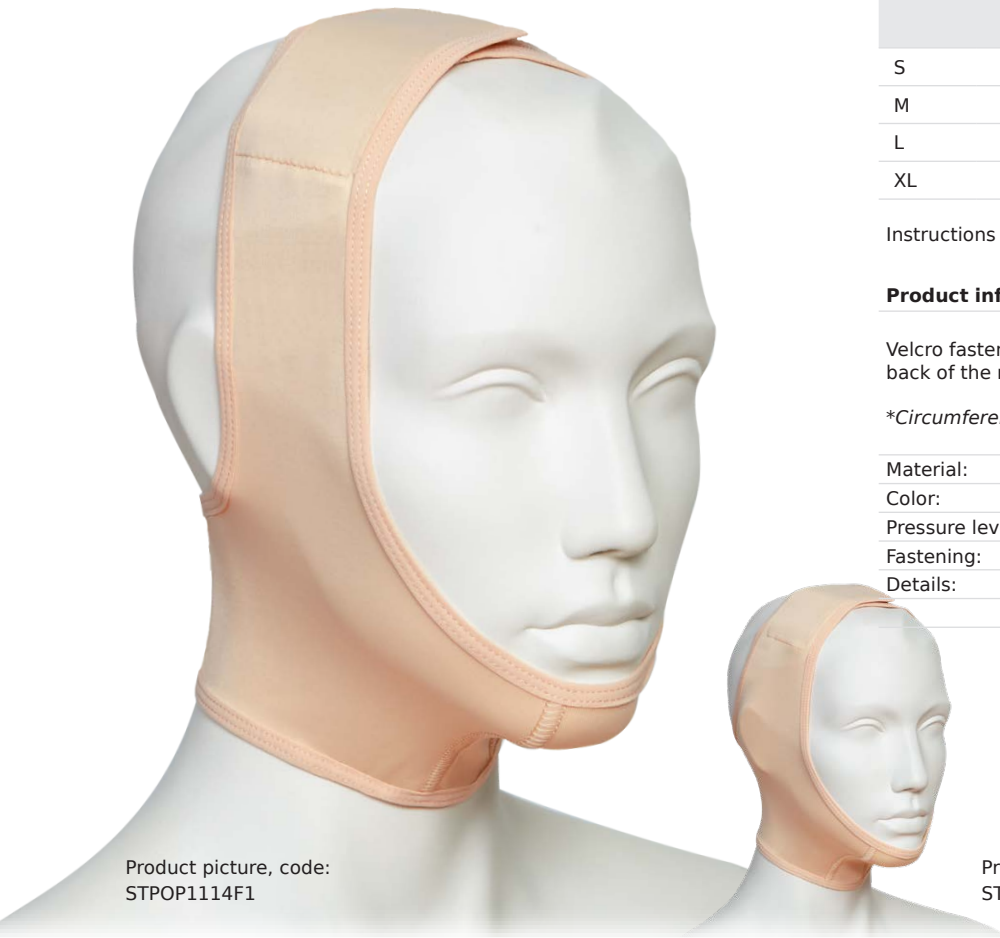
<i>Prod.length</i>	<i>Height</i>	<i>Art.No</i>
<b>cm</b>	<b>cm</b>	
110	10	STM4041110

**Product information:**

Strong elastic band to support the growing belly.

Material:	Strong support band
Color:	Beige
Pressure level:	Adjustable
Fastening:	Velcro





Product picture, code:  
STPOP1114F1

Product picture, code:  
STPOP1124F1

**FACIAL SUPPORT**

Standard size

Size	Circumf.*	Product / Art.No	
	cm	Ear area open	Ear area closed
S	58 - 62	STPOP1113	STPOP1123
M	62 - 66	STPOP1114	STPOP1124
L	66 - 72	STPOP1115	STPOP1125
XL	72 - 76	STPOP1116	STPOP1126

Instructions on forming product codes, page 19.

**Product information:**

Velcro fastenings on the crown of the head and back of the neck.

\*Circumference from crown to chin.

Material:	Medium
Color:	Beige
Pressure level:	Adjustable
Fastening:	Velcro
Details:	Neck strap: ELA 1 Edging: ELA 3



Product picture, code:  
STPOP115F1

**STRONG CHIN STRAP**

Standard size

Size	Art.No
One size	STPOP115

Instructions on forming product codes, page 19.

**Product information:**

Consists of several bands with adjustable velcro fastenings.

Material:	Facial support band
Stock color:	White
Color by request:	Beige
Pressure level:	Adjustable
Fastening:	Velcro

**HELMET FOR HAIR  
TRANSPLANT OPERATIONS**

Standard size

Size	Circumf.*	Art.No
cm		
S	50 - 54	STPOP1393
M	54 - 58	STPOP1394

Instructions on forming product codes, page 19.

**Product information:**

Can be used to stabilize hair transplants and bandages.

*\*Circumference of the head.*

Material:	Light
Color:	Black
Pressure level:	No pressure
Fastening:	Velcro below the chin



Product picture, code: STPOP1394F2



# WELL-BEING™

## PRESSURE GARMENTS FOR WELLNESS AND HEALTH



### Custom-made

Lymed Well-being™ products increase body awareness, help to reduce tension, pain and incorrect posture. The products are made for everyday use and do not restrict mobility.

Pressure garments strengthen messages transmitted by our receptors to our brains: an active information path means that muscles activate better, too, giving the body continuous information and instructions to seek itself to a more natural position, thus improving the quality of our movement. Lymed Well-being products also support metabolism and prevent fluid accumulation.

Lymed Well-being products are different from other posture products by being custom-made: that guarantees products' fit and functionality.



Product picture, code: WB21433F2

**CONTROL POSTURE SHIRT**

Custom-made

*Model*      *Product / Art.No*

**Long sleeves**

Women      WB21433

Men      WB22433

Instructions on forming product codes, page 19.

**Product information:**

Adult's long-sleeved posture shirt guides the body to position itself naturally and reminds its user to seek better posture. This is achieved by muscle activation and by strengthening the body's deep sensory input. Pressure shirt is used for developing a better posture, prevention of problems and muscle activation in work, free-time and during exercise. The product activates the upper body and removes excess fluid from the body.

Combination of even pressure and light compression. The product is used as underwear. Long-sleeved shirt with anatomical elbow constructions. Women's vest with anatomical breast construction.

Material:	Medium
Colors available:	All, no seam color choices
Pressure level:	10-18 mmHg, Ccl A
Fastening:	None
Details:	Hemline SIL 1 Neckline ELA 3 Edge of sleeve ELA 2



## SPORT™

### PRESSURE GARMENTS FOR SPORT

#### Custom-made

Lymed Sport™ products are designed for active use and they have an urban, sleek visual style. Lymed Sport products can help the athlete reap all benefits of medical pressure and compression. All products in the product group are individually manufactured.

Lymed Active™ products are made for versatile use; either during or after performance. Active products combine progressive and even pressure to maximize the effects of medical pressure on the body. Active products are diverse to wear: they increase muscle control, remove excessive fluids and prevent tissue edema.



Recovery™ pants are only designed to enhance recovery right after strenuous performance. Recovery pants have a higher medical compression than Active products, and their sole purpose is to speed up metabolism, remove fluids and prevent edema building up in the muscles. Design and material choices in Recovery products are hand-picked to rev up the recovery process, thus making the products incompatible for all-round active use.

Our specialty in Lymed Sport is to design individual product solutions to para-athletes world wide.



Product picture, code:  
SPA2145333F2

**ACTIVE OVERALL**

Custom-made

Model Product / Art.No

	Long sleeves and legs	Short sleeves and legs
Women	SPA21453333	SPA21452222
Men	SPA22453333	SPA22452222

Addition\*

	Hamstring reinforcement	Thigh reinforcement
Right	SPATBR	SPATFR
Left	SPATBL	SPATFL

\*Both thigh and hamstring reinforcements will not be manufactured for one product at the same time.

**Product information:**

Active overall for recovery after performance or to be used during performance. The product activates the whole body, removes excess fluid from the body and prevents edema. Additional hamstring or thigh reinforcements available for increased muscle activation. Overall combines two different compression classes.

Available with long sleeves and legs or with short sleeves and legs. Long-sleeved overall with anatomical elbow constructions. Long legs with anatomical construction at the knee. Women's overall with anatomical breast construction.

Material:	Medium
Colors available:	All
Pressure level:	Combined ccl 1 and ccl 2
Fastening:	Zipper
Details:	Neckline ELA 3, edge of sleeve and leg ELA 2

Instructions on forming product codes, page 19.





Product picture, code: SPA22433F2

Product picture, code: SPA21433F2

**ACTIVE VEST** Custom-made

Model	Product / Art.No	
	Long sleeves	Short sleeves
Women	SPA21433	SPA21422
Men	SPA22433	SPA22422

Instructions on forming product codes, page 19.

**Product information:**

Active vest for recovery after performance or to be used during performance. The product activates the upper body, removes excess fluid from the body and prevents edema.

Available with long or short sleeves. Long-sleeved shirt with anatomical elbow constructions. Women's vest with anatomical breast construction.

Material:	Medium
Colors available:	All
Pressure level:	Ccl 1
Fastening:	None / zipper
Details:	Neckline ELA 3
	Edge of sleeve ELA 2
	Lower edge SIL 1



Product picture, code: SPA22533F2



Product picture, code: SPA21533F2

**ACTIVE PANTS** Custom-made

Model	Product / Art.No	
	Long legs	Short legs
Women	SPA21533	SPA21522
Men	SPA22533	SPA22522

*Addition\**

	Hamstring reinforcement	Thigh reinforcement
Right	SPATBR	SPATFR
Left	SPATBL	SPATFL

*\*Both thigh and hamstring reinforcements will not be manufactured for one product at the same time.*

Instructions on forming product codes, page 19.

**Product information:**

Active pants for recovery after performance or to be used during performance. The product activates the lower body, removes excess fluid from the body and prevents edema. Additional hamstring or thigh reinforcements available for increased muscle activation.

Available with long or short legs. Anatomical construction at the knee. Men's models with contouring at the front.

Material:	Medium
Colors available:	All
Pressure level:	Ccl II
Fastening:	None
Details:	Integrated waistband, 6 cm wide Leg opening ELA 2



Product picture, code:  
SPA20601F2



Product picture, code:  
SPA20629F2

ACTIVE LEG		Custom-made
<i>Model</i>	<i>Product / Art.No</i>	
	<b>Ankle-knee Fortificated achilles tendon</b>	
Unisex	SPA20601	

Instructions on forming product codes, page 19.

**Product information:**

Active leg for recovery after performance or to be used during performance.

Fortification on Achilles tendon (strong fabric).

Material:	Medium
	Fortification: strong
Colors available:	All
Pressure level:	Ccl II
Fastening:	None
Details:	Upper edge SIL 1
	Lower edge ELA 2

ACTIVE SOCK		Custom-made
<i>Model</i>	<i>Product / Art.No</i>	
	<b>Knee-high Fortificated achilles tendon</b>	
Unisex	SPA20629	

**Product information:**

Active sock for recovery after performance or to be used during performance.

Achilles tendon and foot fortifications (strong fabric), anatomical ankle construction.

Material:	Medium
	Fortifications: strong
Colors available:	All
Pressure level:	Ccl II
Fastening:	None
Details:	Upper edge SIL 1



Product picture, code:  
SPA20303F2

ACTIVE SLEEVE		Custom-made
Model	Product / Art.No	
	Wrist-elbow	Wrist-axilla
Unisex	SPA20301	SPA20303

Instructions on forming product codes, page 19.

**Product information:**

Active sleeve for recovery after performance or to be used during performance.

Wrist-elbow lenght with anatomical elbow constructions.

Material:	Medium
Colors available:	All
Pressure level:	Ccl II
Fastening:	None
Details:	Upper edge SIL 1
	Lower edge ELA 2



Product picture, code: SPR22533F2

Product picture, code: SPR21533F2

RECOVERY PANTS		Custom-made
Model	Product / Art.No	
<b>Long legs</b>		
Women	SPR21533	
Men	SPR22533	

Instructions on forming product codes, page 19.

**Product information:**

Recovery pants for maximizing recovery. Designed to be used after performance. Strong compression boosts the metabolism, removes excess fluid from the lower body and prevents edema.

Available with long legs. Anatomical construction at the knee. Men's models with contouring at the front.

Material:	Strong
Colors available:	All
Pressure level:	Ccl II+
Fastening:	None
Details:	Integrated waistband, 6 cm wide
	Leg opening ELA 2







**Skin™**

**Compression™**

**Sense™**

**Interim & Light™**

**Post-operation™**

**Well-being™**

**Sport™**

**LYMED®**

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