

Well & Able

Footwear Measurement Form



Client Details		Therapist Details	
Name:		Name:	
DOB:		Profession:	Physio / OT / Podiatrist / Orthotist
Diagnosis:			Other:
Parent/Guardian:		Organisation:	
Address:		Address:	
Phone:			
Email:		Phone:	
NDIS Number:		Date form completed:	
Email:			

Footwear Details

Brand & Model:		Colour:				
Split Pairs Required:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Size:	Left:		Right:	
Size Charts for all our footwear are available on our website (https://www.wellandable.com.au/combined-sizing-chart/).						
Other Details:						

☐ I have attached a photo of the left and right foot from the side, front and back

☐ I am aware that made-to measure custom footwear is not refundable or exchangeable

Signature:

Date:

Name:

Position:

Tammie Mennis B. Pty (Hons)
Physiotherapist
Co-Founder and Director

Greg Mennis
Director

w: www.wellandable.com.au
ABN: 17 617 983 785

Head Office

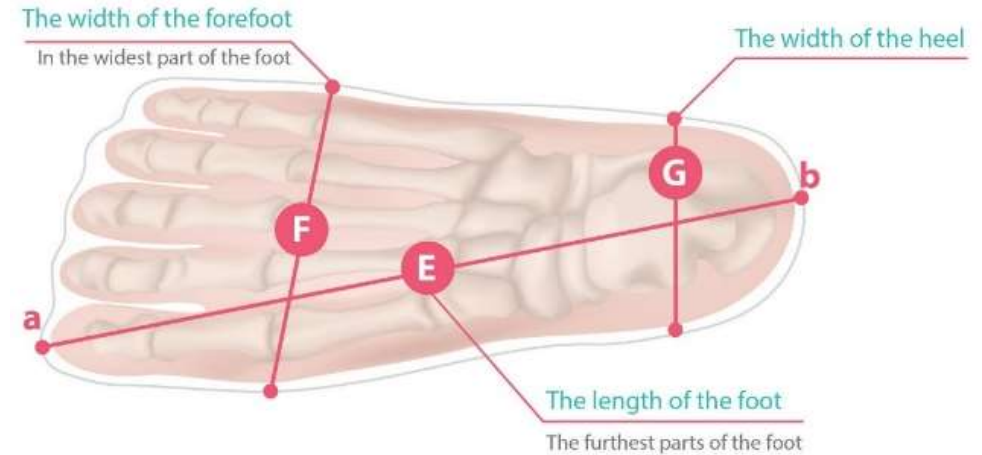
a: 4 Clematis Court, Cashmere,
QLD, Australia, 4500
t: +61 (0) 7 3448 0446
e: thrive@wellandable.com.au

Individual Measurements, **with** foot orthotic or AFO fitted (ie total measures of the foot/orthosis combined). **Only if applicable.**



Combined foot and orthotic or AFO measurements

	A	B	C	D	E	F
Right						
Left						



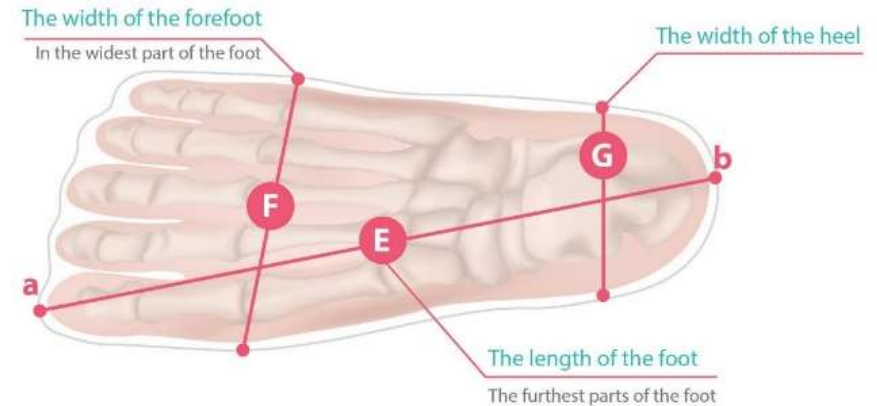
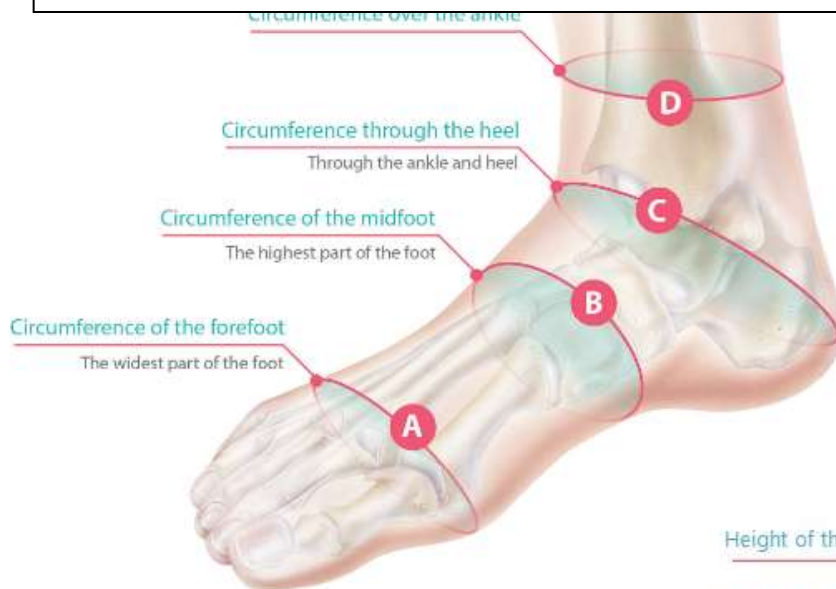
Thickness of orthotic / AFO at points A, B and under the heel.

	A	B	Under heel
Right			
Left			

Some important points to keep in mind when taking measurements:

- A second person is helpful when taking the measurements
- Measurements should be taken in a standing position or, for those unable to stand, sitting with the knees at right angles and the feet weight-bearing
- Measure each foot separately
- If an orthotic or orthoses is being used, such as a sensori-motor orthotic or Ankle Foot Orthosis (AFO), the measurements must be taken with the orthotic on.
- Record measurements in centimetres to one decimal place
- Record absolute measurements without increasing the measures at your own discretion
- Take a photo of the left and right foot individual from the side, front and back and attach to the order

Individual Measurements, **without** orthotic or AFO fitted (ie bare feet). **Required.**



Some important points to keep in mind when taking measurements:

- A second person is helpful when taking the measurements
- Measurements should be taken in a standing position or, for those unable to stand, sitting with the knees at right angles and the feet weight-bearing
- Measure each foot separately
- Measurements must be taken of the bare foot without any orthotics on.
- Record measurements in centimetres to one decimal place
- Record absolute measurements without increasing the measures at your own discretion
- Take a photo of the left and right foot individual from the side, front and back and attach to the order

	A	B	C	D	E	F
Right						
Left						

AFO/Orthotic tracing (left) - Only if needed

- *Place foot with orthotic or AFO fitted, onto this sheet of paper, trace around the footprint with the pencil held vertically*
- *Take measurements E and F from this tracing and note in the table on page 2*

AFO/Orthotic tracing (right) - Only if needed

- *Place foot with orthotic or AFO fitted, onto this sheet of paper, trace around the footprint with the pencil held vertically*
- *Take measurements E and F from this tracing and note in the table on page 2*

Feet tracing pad (left)

- *Place bare foot, onto this sheet of paper, trace around the foot with the pencil held vertically*
- *Take measurements E and F from this tracing and make note of these on the footprint itself on this page*

Feet tracing pad (right)

- *Place bare foot, onto this sheet of paper, trace around the foot with the pencil held vertically*
- *Take measurements E and F from this tracing and make note of these on the footprint itself on this page*